

coop deals®

AUG 19 - SEP 1, 2026

go-to treats for all

There's a lot to love about summertime: plenty of outdoor time, get-togethers and good vibes. A sweet dessert can complete the day, and GoodPop's frozen treats are an ideal option. They're made without artificial dyes — only fruit and real ingredients. Find them on sale at the co-op for your end-of-summer adventures!



Buy One, Get One

FREE

Goodpop
Frozen Novelties

9-14.1 fl. oz., selected varieties



Buy One, Get One

FREE

Nixie
Organic Zero Sugar Sodas
12 fl. oz., selected varieties



Buy One, Get One

FREE

Bitchin' Sauce
Almond Dips
7-8 oz., selected varieties



Buy One, Get One

FREE

The Good Crisp
Potato Crisps, Chips or
Cheese Balls
4-5.6 oz., selected varieties



Buy One, Get One

FREE

special offers inside!





Buy One, Get One
FREE
The Humble Co.
Toothpaste Tablets
60 ct., selected varieties



Buy One, Get One
FREE
Aura Cacia
Kids Fizzy Bath Packets
2.5 oz., selected varieties



Buy One, Get One
FREE
Desert Essence
Toothpastes
6.25 oz., selected varieties



Buy One, Get One
FREE
Mineral Fusion
Mascaras
.3 fl. oz., selected varieties



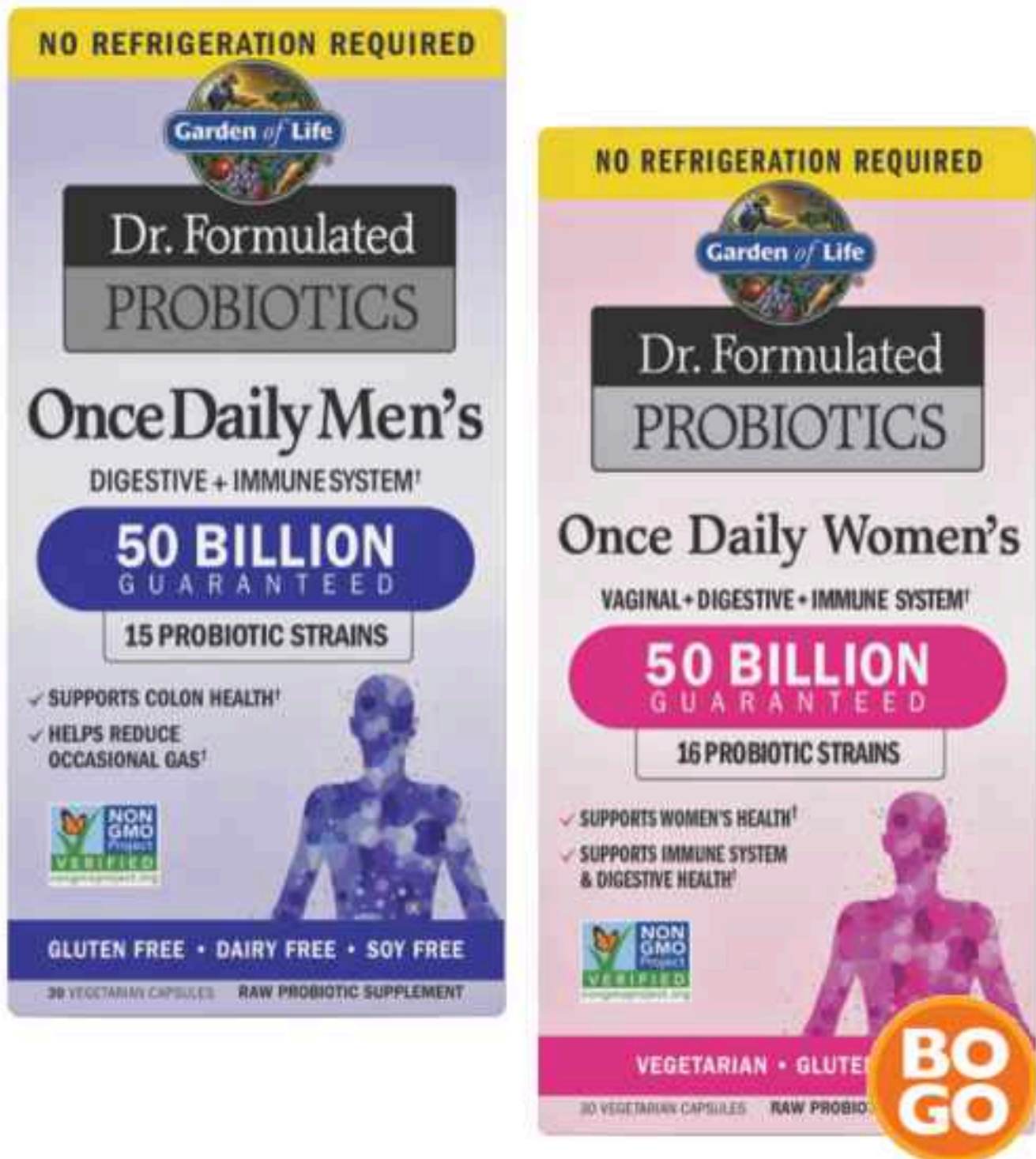
Buy One, Get One
FREE
Preserve
Razor Shave 5 Systems
each, selected varieties



Buy One, Get One
FREE
MegaFood
Turmeric Curcumin
60 ct.

Amazing deals x 2!

Some items may not be available at all stores or on the same days



Buy One, Get One
FREE
Garden of Life
Dr. Formulated Probiotics
30 ct., selected varieties



Buy One, Get One
FREE
Country Life
Vitamin D3 5000IU
200 ct.



Buy One, Get One
FREE
Enzymedica
Digest Gold
90 ct.



Buy One, Get One
FREE
YumEarth
Organic Candies
3.3-10.6 oz., selected varieties



Buy One, Get One
FREE
Annie's
Mac & Cheese
5.25-6 oz., selected varieties



Buy One, Get One
FREE
Alter Eco
Organic Chocolate Bars
2.65-2.96 oz., selected varieties

Double up on your favorite products!

Some items may not be available at all stores or on the same days

full of the
good stuff

INCLUSIVE TRADE PARTNER

We are a woman-owned company that believes when you eat better, you feel better. Elizabeth started Purely Elizabeth to make food full of nourishing ingredients and delicious, culinary taste to help you thrive on your wellness journey.



**Buy One, Get One
FREE**

**Purely Elizabeth
Granolas**
8-12 oz., selected varieties



Buy One, Get One

FREE

**Crofter's
Organic Premium Fruit
Spreads**
10-16.5 oz., selected varieties



Buy One, Get One

FREE

**Sir Kensington's
Mayonnaise**
12 fl. oz., selected varieties



big sausage
flavor!

Juicy bite you know and love. Made from simple ingredients like peas and avocado oil. Because eating well should taste incredible.

Buy One, Get One

FREE

**Beyond
Plant-based Sausages**
10.6-14 oz., selected varieties

More for less? Definitely yes.

Buy One, Get One
FREE
Deals at the Co-op!



Welcome to BOGO (buy one, get one FREE) deals! You'll find savings on products you love from brands you trust in departments across the co-op. Look for the BOGO deals signs throughout the store.



Buy One, Get One
FREE

Ben & Jerry's
Ice Creams
14.4-16 fl. oz., selected varieties



Buy One, Get One
FREE
Little Northern
Bakehouse
Gluten-free Breads
16-20 oz., selected varieties



Buy One, Get One
FREE
So Delicious
Plant-based Frozen
Desserts
1 pt., selected varieties



Buy One, Get One
FREE
Kite Hill
Plant-based Yogurts
5.3 oz., selected varieties

Buy one, share one ... or don't :)

Some items may not be available at all stores or on the same days

dairy-free goodness

Inspired by a passion for plant-based goodness, these dairy-free favorites deliver smooth, spoonable deliciousness crafted with care. Made through thoughtful fermentation and blended with responsibly sourced ingredients, they reflect a commitment to mindful production and a lighter impact on the planet.



1.79
Silk
Plant-based Yogurt
5.3 oz., selected varieties



4/\$7
So Delicious
Coconutmilk Yogurts
5.3 oz., selected varieties



4.79
Silk
Organic
Unsweet Soymilk
64 oz., selected varieties



5.39
So Delicious
Organic Coconutmilk
64 fl. oz., selected varieties

crafted with less

Simple ingredients. No artificial anything. Just high-quality protein in every satisfying cup — made the way yogurt should be.



4/\$5
Siggi's
Skyr Yogurts
4.4-5.3 oz., selected varieties

3.79
The Greek Gods
Yogurt
24 oz., selected varieties



3.99
Rebbl
Organic Plant-based Shake
12 fl. oz., selected varieties



COOPERATIVELY OWNED
5.99
Organic Valley
Grassmilk
59 fl. oz., selected varieties



6.49
Meyenberg
Plain Goat Milk Kefir
32 fl. oz.

Brighten your morning with these deals.

Some items may not be available at all stores or on the same days



3.99

Honey Mama's
Truffle Bar
2.5 oz., selected varieties



← yogurt worth believing in

When it comes to kids' yogurt, we've got more to believe in. Always organic and made with ingredients you can trust.

4.49

Stonyfield Organic
Kids Yogurt Tubes
8 pk.-2 oz., selected varieties



2/\$6

Health-Ade
Organic
Kombuchas
16 fl. oz., selected
varieties



3.99

Green Valley
Organic
Lactose-free
Sour Cream
12 oz.



4.39

Goodbelly
Probiotic Drink
32 fl. oz., selected
varieties

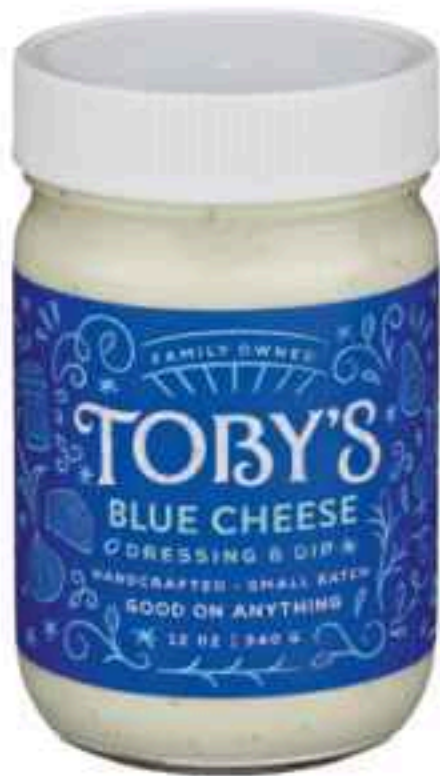
creamery reimaged →

Inspired by classic creamery methods and reimaged through plant-based craftsmanship, combining thoughtfully sourced oats with a precision-focused process.



5.49

Miyoko's Creamery
Organic Oat Milk Butter
12 oz.



5.49

Toby's
Dressing & Dip
12 oz., selected varieties



6.99

Just
Plant-based Eggs
16 fl. oz.

Find deals on food you love at the co-op.



4.99

Malk

Organic Plant-based Milk

28 fl. oz., selected varieties

your coffee your way

With 0 grams of sugar, nutpods® unsweetened creamers let you call the shots in every cup. Smooth, creamy taste. No sugar, seed oils or dairy — just quality ingredients and delicious flavors.

4.69

Nutpods

Plant-based Creamer

25.4 fl. oz., selected varieties



2/\$5

Red's

Burritos

4.5-5 oz., selected varieties



3.99

Silver Hills

Sprouted Bread

15-22 oz., selected varieties



4.99

Good Karma

Flaxmilk

64 fl. oz., selected varieties



the original organic cold brew

Handcrafted and steeped for 10 hours using meticulously air roasted, certified organic Arabica beans — we've cracked the code on the smoothest, boldest cold-brew ever.

8.49

Chameleon Coffee

Organic Cold-brew Concentrate

32 fl. oz., selected varieties



5.99

Califia Farms

Cold Brew Coffee

48 fl. oz., selected varieties

Iced coffee and more for a perfect summer day.

Some items may not be available at all stores or on the same days



3/\$10

Amy's
Burritos
5.5-6 oz., selected
varieties



2/\$8

Cascadian Farm
Organic Fruits
10 oz., selected varieties

deeply flavorful



INCLUSIVE TRADE PARTNER

Deep Indian Kitchen is owned by a third-generation Indian American family. From freshly ground spices to slow-simmered sauces, each dish is crafted using traditional techniques to deliver bold, layered Indian flavor in minutes.

5.49

Deep Indian Kitchen
Entrée, Dumplings or Samosas
7.8-12 oz., selected varieties



6.99

Feel Good Foods
Appetizers
6-10 oz., selected
varieties



7.99

Smart Chicken
Tenderloins
per lb.



16.99

Thousand Hills
Ribeye Steak
8 oz.



4.99

Applegate
Pork Bacon
8 oz., selected
varieties



5.49

Applegate
Fully Cooked
Uncured Bacon
2.52 oz.



6.99

Applegate
Organic Ham or
Chicken Lunchmeat
6 oz., selected varieties



9.99

Applegate
Chicken Nuggets
or Tenders
16 oz., selected varieties



changing the
meat we eat

At **Applegate**, we're obsessed with standards. Our natural and organic meats are made with thoughtfully sourced ingredients and produced with responsible farming practices that support people, animals and the planet.

Plan your meals around these deals.

Some items may not be available at all stores or on the same days



2.49

Clean Cause
Organic Yerba Mate
16 fl. oz., selected varieties

the feel-good soda

OLIPOP combines the classic soda flavor you know and love with prebiotics, plant fiber and botanicals to support your digestive health. High fiber, less sugar (compared to leading non-diet sodas).

3 / \$6

Olipop
Prebiotic Sodas
12 fl. oz., selected varieties



2 / \$4

Just Ice Tea
Organic Teas
16 fl. oz., selected varieties



2.19

Essentia
Ionized Alkaline
Water
50.7 fl. oz.



5.49

Tony's Chocolonely
Chocolate Bar
6.35 oz., selected varieties

simple should be delicious



Hu unites simple ingredients with unbeatable taste. Dive into delicious, organic chocolate made with no weird ingredients. Ever. Your taste buds will thank you.

4.49

Hu
Organic Chocolate Bar
2.1 oz., selected varieties



4.99

Kettle Brand
Potato Chips
13 oz., selected varieties

Bonfire and BBQ snacks, naturally.



3/\$5

Liquid Death
Sparkling Waters
19.2 fl. oz., selected
varieties



2/\$6

Barbara's
Cheese Puffs
5.5-7 oz., selected
varieties



5.99

Garden of Eatin'
Organic Tortilla Chips
14 oz., selected varieties



3.29

Boulder Canyon
Thin & Crispy
Potato Chips
6 oz., selected varieties



3.29

Wasa
Crispbread
4.9-9.7 oz., selected
varieties



3.99

Siete
Grain-free
Cookies
4.5 oz., selected varieties



4.49

Vita Coco
Coconut Water
33.8 fl. oz., selected
varieties



4.79

Mi-del
Snaps
8-10 oz., selected
varieties

fuel your joy



Air-popped to light, fluffy perfection. Organic popcorn with coconut oil and Himalayan salt — simple ingredients, bold flavor and a snack that keeps things clean without holding back.

2/\$6

LesserEvil
Organic Popcorn
4.6-6.4 oz., selected varieties



4.99

Newman's Own
Newman O's
Sandwich
Cookies
13 oz., selected
varieties



4.99

Patagonia
Provisions
Organic Crackers
4.4 oz., selected varieties

The best snacks for less are at the co-op.

Some items may not be available at all stores or on the same days



7.49

R.W. Knudsen

Juice or Juice Blend
32 fl. oz., selected varieties

your favorite plant milks

You can enjoy your favorite organic, non-GMO, lactose-free, dairy-free, gluten-free beverage with either our West Life soymilk with nine grams of protein or our creamy, smooth and versatile Dream ricemilk.

3.79

Dream or West Life
Organic Ricemilk or Soymilk
32 fl. oz., selected varieties



2.99

Nick's Sticks
Meat Snack Sticks
2 pk.-85 oz., selected varieties



4.49

Puffins
Cereal
10-11 oz., selected varieties



4.79

Santa Cruz Organic
Juice or Juice Blend
32 fl. oz., selected varieties



organic values

Choosing Organic means you're making the best choice for your health and family and also our planet. Our unique ECO-PAC is a larger, recyclable bag. No box, but all your values!

8.99

Nature's Path Organic
Cereal
26.4-32 oz., selected varieties



5.99

Archer
Beef Jerky
2-2.5 oz., selected varieties



14.99

Four Sigmatic
Organic Coffee
with Mushrooms
10 oz., selected varieties

Begin your days with deals from the co-op.

Some items may not be available at all stores or on the same days



2/\$4 Bobo's Oat Bars
2.5-3 oz., selected varieties



3.99 MadeGood Organic Granola Bars
4.25-5.3 oz., selected varieties

high-protein nourishment

You deserve a protein source that promotes muscle recovery and tastes good. Our bars combine classic flavors, made with 20 grams of plant-based protein.



2.29 Probar Protein Bar
2.46 oz., selected varieties



4.79 One Degree Organic Foods Sprouted Cereal
8-10 oz., selected varieties



5.99 Clif Organic Zbars
6.35-7.62 oz., selected varieties



5.99 Santa Cruz Organic Peanut Butter
16 oz., selected varieties



3/\$5 Kind Fruit & Nut Bars
1.4 oz., selected varieties

tasty snacks

From your morning commute to afternoon errands and long walks, KIND makes everyday snacks with ingredients you know and flavors you'll actually want to eat.

INCLUSIVE TRADE PARTNER

Catalina Crunch is a diverse-owned brand. Our products satisfy your sweet tooth but aren't loaded with sugar and empty carbs.



6.99 Catalina Crunch Keto Cereal
8-9 oz., selected varieties

Fuel up with snacks for active days ahead.

Some items may not be available at all stores or on the same days



2/\$6

A Dozen Cousins
Ready-to-Eat
Beans
10 oz., selected varieties



3/\$10

Lundberg Family
Farms
Organic Rice Sides
5.5-6 oz., selected
varieties



artisan crafted,
gluten free

NOW Regenerative Organic
Certified®! Crafted in Italy with
traditional methods, Jovial
Brown Rice Pasta delivers
award-winning gluten-free taste,
firm texture and 57 grams of
whole grains per serving.

3.99

Jovial

Organic Brown Rice Pasta
12 oz., selected varieties



3.99

Divina
Fig Spread
9 oz., selected varieties



2/\$8

Tasty Bite
Entrées
7-10 oz., selected
varieties

full-out flavor

For the love of flavor all day
long. Effortless hydration with
nothing to count — zero
calories, sugar or sweeteners.

5.49

Waterloo

Sparkling Water
12 pk.-12 fl. oz., selected varieties



5.99

Patagonia
Provisions
Tinned Seafood
4.2 oz., selected varieties



18.99

Spectrum
Organic Extra
Virgin Olive Oil
25.4 fl. oz.

Everyday ingredients for easy recipes.

Some items may not be available at all stores or on the same days



9.99

Schmidt's
Deodorant
2.65 oz., selected varieties



19.99

Smartypants
Organic Kids Multi &
Omegas Gummies
120 ct.



25.99

Simply Tera's
Organic Grass-fed
Whey Protein Powder
12 oz., selected varieties



32.99

Four Sigmatic
Organic Plant-based Protein
Powder
16.9-21.16 oz., selected
varieties

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We are family-owned and operated and create body care products with nourishing nutrients.



13.49

Badger
SPF 50 Adventure
Mineral Sunscreen
Cream
2.9 fl. oz.

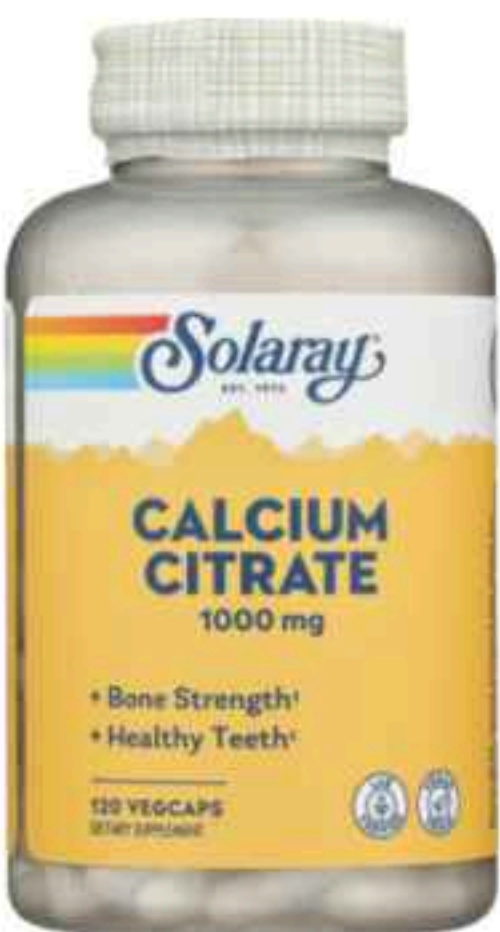
supplements
with integrity

For over 50 years, **Solaray** has put quality at the center of everything we do. From global sourcing to Utah-based manufacturing, every ingredient in each of our 700+ supplements is triple-tested to ensure purity, potency and consistency in every bottle.



Buy One, Get One
FREE

Solaray
Magnesium
Glycinate 350mg
120 ct.



9.99
Solaray
Calcium Citrate
120 ct.



13.99
Solaray
Vitamin D3 + K2
60 ct.



21.99
Solaray
D-Mannose
with CranActin
60 ct.

Feel your best inside and out.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

- BriarPatch Food Co-op
- Chico Natural Foods Cooperative
- Co-opportunity Market
- Davis Food Co-op
- Feather River Food Co-op
- Isla Vista Food Co-op
- North Coast Co-op
- Ocean Beach People's Organic Food Co-op
- Placerville Food Co-op
- Sacramento Natural Foods Co-op
- SLO Food Co-op
- Ukiah Natural Foods Co-op

IDAHO

- Boise Co-op
- Moscow Food Co-op

MONTANA

Community Food Co-op

NEVADA

Great Basin Community Co-op

OREGON

- Alberta Cooperative Grocery
- Ashland Food Co-op
- Astoria Co+op
- Coos Head Food Co-op
- First Alternative Co-op
- Medford Food Co-op
- People's Food Co-op

UTAH

Wasatch Food Co-op

WASHINGTON

- Central Co-op
- Community Food Co-op
- Main Market Co-op
- Olympia Food Co-op
- Orcas Food Co-op
- Skagit Valley Food Co-op
- Sno-Isle Food Co-op
- The Food Co-op

coop deals.

Download the App!



See what's on sale with the Co+op Deals app!

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



3.79

Seventh Generation Liquid Dish Soap
19 fl. oz., selected varieties



6.99

Seventh Generation Cleaning Wipes
70 ct., selected varieties



9.99

Seventh Generation 100% Recycled Bath Tissue
12 ct.



13.99

Seventh Generation Liquid Laundry Detergent
23.1-90 fl. oz., selected varieties

clean – without anything extra

Seventh Generation delivers a powerful clean that gets the job done and leaves nothing behind. Be extra when you want to be. Just don't do extra where it doesn't belong.



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



PWNW0826B