

# coop deals®

JUL 5 - JUL 18, 2023

*time to gather*

## INCLUSIVE TRADE PARTNER

Siete Family Foods is a Hispanic-owned and mission-based company passionate about making and sharing real food. Their grain-free tortilla chips are the perfect addition to your summer outing.



**3.79**

**Siete**  
**Grain-free Tortilla Chips**  
5 oz., selected varieties



**2/\$6**

**Tasty Bite**  
**Organic Entrees**  
8.8-10 oz., selected varieties



**3.99**

**C2O**  
**Coconut Water**  
33.8 fl. oz., selected varieties



**2/\$8**

**Silk**  
**Almondmilk**  
64 fl. oz., selected varieties



**4.49**

**Udi's Gluten Free**  
**Hot Dog Buns**  
12.9 oz.



**5.79**

**Hodo**  
**Organic Tofu**  
**Nuggets or Burgers**  
8 oz., selected varieties



**10.99**

**California Olive Ranch**  
**Extra Virgin Olive Oil**  
25.4 fl. oz.



Shop for your camping, BBQ or poolside event.

**The co-op has snacks you love.**



**4/\$5**

**Fage**  
**Greek Yogurt**  
5.3 oz., selected varieties



**2/\$4**

**Mountain Valley**  
**Spring Water**  
33.8 fl. oz., selected varieties



**4.99**

**Organic Valley**  
**Cheese Slices**  
6-8 oz., selected varieties



**5.29**

**Bitchin' Sauce**  
**Almond Dip**  
8 oz., selected varieties



**5.29**

**Forager Project**  
**Organic**  
**Cashewmilk**  
**Yogurt**  
24 oz., selected varieties



**5.49**

**Bizzy**  
**Organic Cold**  
**Brew Coffee**  
48 fl. oz., selected varieties

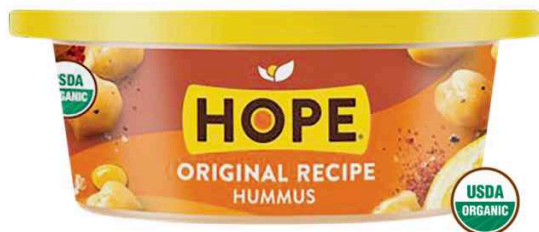


**6.99**

**Bubbies**  
**Pickles or Pickle**  
**Chips**  
33 fl. oz., selected varieties

*see what's new at Hope*

Hope Hummus is now certified plastic neutral! Plus, we have added plant-based omega 3s, with no change to our homemade texture or fresh taste. Spread good things.



**2/\$7**

**Hope**  
**Organic Hummus**  
8 oz., selected varieties

**INCLUSIVE TRADE PARTNER**

Wild Tonic is a woman-owned company. We ferment Jun — a kombucha made with honey — and brew living culture to create delicious beverages with probiotics, prebiotics and amino acids.

**3.49**

**Wild Tonic**  
**Organic Kombucha**  
12 fl. oz., selected varieties



**Find something cool and refreshing at the co-op.**





freezer  
pleaser

Share the love.

2/\$9

Ben & Jerry's  
Ice Cream  
1 pt., selected varieties



3.29

Lightlife  
Organic Tempeh  
8 oz., selected varieties



4.49

Dr. Praeger's  
Veggie Burgers  
8-10 oz., selected  
varieties



2/\$9

Straus Family  
Creamery  
Organic Ice  
Cream  
1 pt., selected varieties

POP-notch ingredients

With a commitment to making snack time more inclusive, we choose dairy-free and gluten-free ingredients every time. Our tasty pops drive social change, helping you feel genuinely good inside and out.

2/\$8

Goodpop  
Frozen Dairy-free Dessert  
9.9-13.2 fl. oz., selected varieties



Head outside with delicious food from the co-op.



**2/\$8**

**Annie's Homegrown Organic Dressing**  
8 fl. oz., selected varieties

*farm to frozen*



**2.79**

**Woodstock Organic Frozen Vegetables**  
10 oz., selected varieties

Woodstock Organic Frozen Vegetables are quick frozen to maintain their nutrition and goodness without the use of preservatives, artificial colors or flavors.



**2/\$4**

**Essentia Ionized Water**  
50.7 fl. oz.



**2.29**

**Just Ice Tea Organic Tea**  
16 fl. oz., selected varieties



**3/\$5**

**Steaz Organic Iced Green Tea**  
16 fl. oz., selected varieties



*new look – still family owned*

Bionaturae artisan organic products from Italy support 200+ responsible family farms and are certified glyphosate free. Taste the high-quality ingredients when preparing your meals for loved ones.



**2/\$5**

**Bionaturae Organic Pasta**  
16 oz., selected varieties



**2/\$10**

**Kashi Organic Cereal**  
9.5-16.3 oz., selected varieties

**Shop the co-op for items you love.**





**3.49**

Unique Snacks

Pretzel Splits

11 oz., selected varieties



*enhance any moment*

San Pellegrino guides you to unique taste experiences. An experience that begins with fine food and ventures far beyond. With its incomparable sense of taste and Italianity, San Pellegrino can enhance any moment.

**2.19**

San Pellegrino

Sparkling Mineral Water

25.3-33.8 fl. oz., selected varieties



**2/\$9**

Annie's Homegrown  
Organic Fruit Snacks

7 oz., selected varieties



**3.29**

Spudsy

Sweet Potato Fries

4 oz., selected varieties

*goodness on the go*

Keeping your energy up never felt so good. As part of our mission to help create a healthier, more sustainable food system, we make every bar with sustainably sourced ingredients, such as chocolate and wholesome, plant-based, organic ingredients like rolled oats.



**2/\$3**

Luna  
Organic Bars  
1.69 oz., selected  
varieties



**2/\$3**

Clif  
Bars  
2.4 oz., selected  
varieties



**2/\$4**

Clif  
Organic Nut Butter Bar  
or Builders Protein Bar  
1.76-2.4 oz., selected varieties



**5.49**

Clif  
Organic Zbar  
6-1.27 oz. bars,  
selected varieties

**Find summer snacks at the co-op.**

## stars, stripes, and snacks



Have a blast this summer with a bag of **Late July®** tortilla chips. Whether it's a backyard BBQ or a beach day, Late July® uses the finest organic and non-GMO ingredients to make your hottest days delicious.

**2/\$7**

Late July  
Organic Tortilla Chips  
7.4-10.1 oz., selected varieties

**3.99**

Late July  
Organic Salsa  
15.5 oz., selected varieties

## our best-selling sparkling water



Stock up this summer on Nixie Sparkling Water, an award-winning line of delicious, certified-organic sparkling waters with the mission to eliminate sugar, single-use plastic bottles and toxic-persistent pesticides from the beverage aisle.

**2/\$9**

Nixie  
Organic Sparkling Water  
8 pk.-12 fl. oz. cans, selected varieties



**2/\$7**

Mary's Gone Crackers  
Organic Crackers  
5-6.5 oz., selected varieties



**2/\$6**

Equal Exchange  
Organic  
Chocolate Bars  
2.8 oz., selected varieties



**2/\$6**

Theo  
Organic  
Chocolate Bars  
3 oz., selected varieties



**4.99**

Green Mountain  
Gringo  
Salsa  
16 oz., selected varieties

**The co-op has snacks everyone will love.**





**9.99**

**Woodstock**  
**Lump Hardwood Charcoal**  
8.8 lb.



**2/\$5**

**Aura Cacia**  
**Mineral or Fizzy**  
**Bath**  
2.5 oz., selected varieties



**3.19**

**Lily of the Desert**  
**99% Aloe Vera**  
**Gelly**  
4 oz.



**6.39**

**Kiss My Face**  
**Moisture Shave**  
11 fl. oz., selected varieties



**12.99**

**Ultima**  
**Replenisher**  
**Electrolyte**  
**Drink Mix**  
3.2-3.7 oz., selected varieties



**17.99**

**Weleda**  
**Skin Food**  
**Nourishing Day**  
**Cream**  
1.3 fl. oz.



**18.29**

**Flora**  
**Super 8 Hi-**  
**Potency Probiotic**  
30 ct.



**48.99**

**Nordic Naturals**  
**Ultimate Omega**  
180 ct.

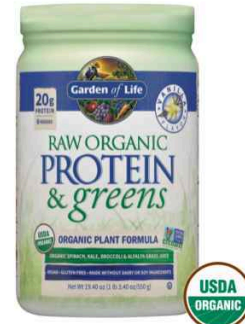


*real ingredients,  
real benefits*

Looking for delicious and natural self-care solutions? Try one of the many high-quality juices from R.W. Knudsen Family®. No matter your need, there's a juice for THAT.™

**6.99**

**R.W. Knudsen**  
**Organic Just Juice**  
32 fl. oz., selected varieties



**30.49**

**Garden of Life**  
**Raw Organic Protein &**  
**Greens Powder**  
19.3-23 oz., selected varieties

**Products for the whole family are at the co-op.**

## Shop for fresh, delicious, local food at a co-op near you.

### ALASKA

Co-op Market Grocery & Deli

### ARIZONA

Food Conspiracy Co-op

### CALIFORNIA

BriarPatch Food Co-op

Chico Natural Foods Cooperative

Co-opportunity Market

Davis Food Co-op

Feather River Food Co-op

Isla Vista Food Co-op

North Coast Co-op

Ocean Beach People's Organic Food Co-op

Sacramento Natural Foods Co-op

SLO Food Co-op

Ukiah Natural Foods Co-op

### IDAHO

Boise Co-op

Moscow Food Co-op

### MONTANA

Community Food Co-op

### OREGON

Alberta Cooperative Grocery

Ashland Food Co-op

Astoria Co+op

First Alternative Co-op

Food Front Cooperative Grocery

Medford Food Co-op

People's Food Co-op

### WASHINGTON

Central Co-op

Community Food Co-op

Main Market Co-op

Olympia Food Co-op

Orcas Food Co-op

Skagit Valley Food Co-op

Sno-Isle Natural Foods Co-op

The Food Co-op



*to find a food co-op near  
you, visit us online at:  
grocery.coop*



*America's favorite  
organic ice cream*

Alden's is committed to making products irresistible for all, offering a wide variety of dairy and dairy-free frozen desserts.

**7.99** Alden's Organic Ice Cream  
48 fl. oz., selected varieties



**3.79**  
Tony's Chocolonely Chocolate Bars  
6.35 oz., selected varieties



**2/\$6**  
The Good Crisp Company Potato Crisps  
5.6 oz., selected varieties

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.



Co-ops are committed to fostering inclusive communities, promoting brands that are women-, BIPOC-, LGBTQ- and veteran-owned.

Some items may not be available at all stores or on the same days.

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