

coop deals

DEC 14, 2022 - JAN 3, 2023

sweet perfection

Whether it's to top off a slice of pie after dinner, or because gelato tastes great 365 days a year, get to the co-op because Talenti's pints are on sale!



4.99

Talenti
Gelato or Sorbetto
1 pint, selected varieties



3/\$2

Alter Eco
Organic Truffles
.42 oz., selected varieties



2.29

Kor Shots
Organic Juice Shot
1.7 fl. oz., selected varieties



2.29

Frontera
Cooking Sauce
8 oz., selected varieties



2/\$6

R.W. Knudsen
Sparkling Juice
25.4 fl. oz., selected varieties



2/\$6

Stacy's
Pita Chips
7.33 oz., selected varieties



2/\$7

Mom's Best
Cereals
14-24 oz., selected varieties



Buy One, Get One

FREE

special offers inside!

BO GO

Buy One, Get One **FREE** Deals at the Co-op!

BOGO

Welcome to BOGO (buy one, get one FREE) deals! You'll find savings on products you love from brands you trust in departments across the co-op. Look for the BOGO deals signs throughout the store.



Buy One, Get One
FREE

Field Day
Grapefruit Flavored
Sparkling Water
6 pk.-12 fl. oz. cans, selected varieties
Limit 2 BOGO offers per customer



Buy One, Get One
FREE

Field Day
100% Recycled
Paper Towels
3 ct.
Limit 2 BOGO offers per customer



Buy One, Get One
FREE

Field Day
100% Recycled
Bath Tissue
12 ct.
Limit 2 BOGO offers per customer

The co-op has BOGO deals you can't resist.



Buy One, Get One
FREE

Field Day
Organic Spaghetti
16 oz., selected varieties
Limit 2 BOGO offers per customer



Buy One, Get One
FREE

Field Day
Organic Olive Oil
1 liter
Limit 2 BOGO offers per customer



Buy One, Get One
FREE

Field Day
Organic Crushed or Diced
Tomatoes
28 oz.



Buy One, Get One
FREE

Field Day
Organic Macaroni & Cheese
6 oz., selected varieties



Buy One, Get One
FREE

Field Day
Organic Brown Rice
32 oz., selected varieties



Buy One, Get One
FREE

Field Day
Organic Tomato
Basil Pasta Sauce
24 oz., selected varieties
Limit 2 BOGO offers per customer

Stock up on pantry favorites from the co-op.



**Buy One, Get One
FREE**
Deals at the Co-op!

Save on products you love from brands you trust! Look for the BOGO (buy one, get one FREE) deals signs throughout the store.



**Buy One, Get One
FREE**

Field Day
Organic Classic
Unsweetened Coconut Milk
13.5 fl. oz., selected varieties



**Buy One, Get One
FREE**

Field Day
Organic Semi-Sweet
Chocolate Chips
10 oz.
Limit 2 BOGO offers per customer



**Buy One, Get One
FREE**

Field Day
Organic Light Brown Sugar
24 oz., selected varieties
Limit 2 BOGO offers per customer



**Buy One, Get One
FREE**

Field Day
Organic Coconut Flour
16 oz.
Limit 2 BOGO offers per customer



**Buy One, Get One
FREE**

Field Day
Organic Cane Sugar
24 oz., selected varieties
Limit 2 BOGO offers per customer

BOGO baking items are at the co-op!

INCLUSIVE TRADE PARTNER



GT's Living Foods is LGBTQIA+-owned and a leader in fermented foods. We are proud to remain a family-owned and operated company.

5.49

GT's
Organic Coconut Yogurt
8 oz., selected varieties

luscious and lactose free

Real dairy sour cream, with all the richness and versatility but none of the lactose! Perfect for your favorite holiday recipes, from creamy dips and sauces to mouth-watering baked goods.



2/\$7

Green Valley Creamery
Organic Lactose-free
Sour Cream
12 oz.



5.49

Immaculate
Organic
Cinnamon Rolls
17.5 oz.



2/\$6

Health-Ade
Organic Kombucha
16 fl. oz., selected varieties

nourishing from the outside in

We hold ourselves to the highest standards and are proud to be one of the few always-organic brands. You can trust all **Organic Valley's** products are sustainably made without the use of toxic pesticides, synthetic hormones, antibiotics or GMOs.



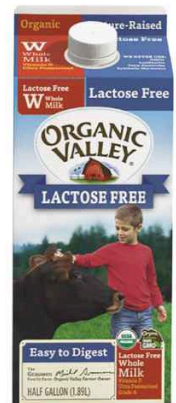
3.99

Organic Valley
Large Free-range
Brown Eggs
1 doz.



3.99

Organic Valley
Creamer
25.4 fl. oz., selected
varieties



4.99

Organic Valley
Lactose Free Milk
64 fl. oz., selected
varieties

The co-op has end-of-year savings for everyone.

INCLUSIVE TRADE PARTNER



Starlite Cuisine is a multi-generational, minority-owned company that makes great-tasting and convenient vegan products.

5.49

Starlite Cuisine Plant-based Taquitos
14 oz., selected varieties

family-owned, organic cheese



Rumiano cheese is the oldest family-owned cheese company in California, crafting the highest-quality organic, non-GMO cheese from the unique Northern California milkshed.

2/\$8

Rumiano Organic Cheese
8 oz., selected varieties



4.79
Mt Vikos Feta Cheese
6 oz.



5.99
Organic Valley Uncured Pepperoni Slices
5 oz., selected varieties



10.99
Organic Prairie Summer Sausage
12 oz., selected varieties

America's favorite organic ice cream

Alden's is committed to making products irresistible for all, offering a wide variety of dairy and dairy-free frozen desserts.



7.99

Alden's Organic Ice Cream
48 fl. oz., selected varieties



5.99
Miyoko's Creamery Organic Fresh or Smoked Cashewmilk Mozzarella
8 oz., selected varieties

Find great deals at the co-op.



3.99

**Montebello
Organic Pasta**
16 oz., selected varieties



*sunkissed in the
Mediterranean*

Mediterranean Organic Pitted Kalamata Olives come from centuries-old family farms in Greece. Perfect for salads, pastas, pizza or an antipasto platter. So good it's like having the olive tree in your own backyard!

2/\$7

**Mediterranean Organic
Olives**
8.1-8.5 oz., selected varieties



5.49

**Waterloo
Sparkling Water**
12 pk.-12 fl. oz. cans,
selected varieties



5.49

**Sir Kensington's
Mayonnaise**
12 fl. oz., selected
varieties

*organic tastes better,
naturally*

At Amy's, we cook meals with love, care and craft put into every ingredient. That means carefully sourcing high-quality, organic ingredients and spending countless hours in our kitchens so that you can enjoy authentic, great-tasting food in minutes.



2.69

**Amy's
Burritos**
5.5-6 oz., selected
varieties

2/\$10

**Amy's
Enchiladas**
9-9.5 oz., selected
varieties

7.99

**Amy's
Pizza**
9.1-14 oz., selected
varieties

3.79

**Amy's
Soup**
13.8-14.7 oz.,
selected varieties

Delicious options are at the co-op.



4.49
Bonne Maman Preserves
 13 oz., selected varieties



2/\$7
Pacific Foods Organic Broth
 32 fl. oz., selected varieties



39.99
Ancient Nutrition Collagen Protein Powder
 16 - 16.7 oz., selected varieties



5.49
Numi Organic Tea
 18 tea bags, selected varieties



11.99
Truff Black Truffle Infused Hot Sauce
 6 fl. oz., selected varieties

sustainably sourced, expertly roasted



4.79
Equal Exchange Organic Chocolate Chips
 10 oz., selected varieties



2/\$6
Equal Exchange Organic Chocolate Bars
 2.8 oz., selected varieties



2/\$7
Equal Exchange Organic Tea
 20 tea bags, selected varieties



8.99
Equal Exchange Organic Coffee
 12 oz., selected varieties

Equal Exchange continues to build a more equitable and sustainable way of bringing delicious products to your table. Our coffee is thoughtfully sourced from innovative farmer cooperatives and organically grown with care for the surrounding ecosystem. Our worker-owned cooperative supports long-term partnerships that help keep small farming families thriving!



Savor the season with savings from the co-op.



inspiring joy with wholesome foods

5.99

Bob's Red Mill
Gluten-free
Quick Cook
Rolled Oats
28 oz.

5.99

Bob's Red Mill
Gluten-free
Old Fashioned
Rolled Oats
32 oz.

8.49

Bob's Red Mill
Super-fine
Almond Flour
16 oz.

6.49

Bob's Red Mill
Organic Flour
5 lbs., selected
varieties

Eating may be one of life's simple pleasures, but it's one we can experience every day: the love we feel while making something special for a friend, the community we build around the table, the quiet contentment of taking care of oneself by preparing a nutritious meal.



true to our name

Pure, organic vanilla extract, responsibly sourced from farmer co-ops in Madagascar — now with a new design inspired by real bakers.

14.99

Simply Organic
Vanilla Extract
4 fl. oz.



2/\$6

Vita Coco
Organic Coconut
Non-dairy
Beverage
33.8 fl. oz., selected
varieties



scoop up the savings in bulk!

4.49

Organic
Pitted Deglet Dates
per pound in bulk



7.99

Organic
Roasted & Salted
Pistachios
per pound in bulk



9.99

Fancy Raw Pecans
per pound in bulk

For a little or a lot, shop in bulk at the co-op.

Some items may not be available at all stores or on the same days



4.49

Unreal
Chocolate Nut Butter
Cups or Gems
 3.2-5 oz., selected varieties



2/\$7

Quinn
Pretzel Nuggets
 5-7 oz., selected varieties



1.79

Justin's
Organic Nut Butter Cups
 1.4 oz., selected varieties



2.99

Sesmark
Brown Rice
Crackers
 3.5 oz., selected varieties



4.99

Little Secrets
Chocolate Pieces
 3.9-5 oz., selected varieties



4.49

R.W. Knudsen
Organic Juice
 32 fl. oz., selected varieties



start the season off right

Bring delicious crunch and color to any festive occasion with Garden of Eatin' Blue Corn Tortilla Chips.

4.99

Garden of Eatin'
Tortilla Chips
 16 oz., selected varieties

INCLUSIVE TRADE PARTNER



Siete Family Foods is a Hispanic-owned and mission-based company passionate about making and sharing real food.

2/\$6

Siete
Mexican Grain-free Cookies
 4.5 oz., selected varieties

Find perfect party snacks at the co-op.

INCLUSIVE TRADE PARTNER



South of France is a women-owned company. We still kettle cook small batches of our soap using a traditional Marseille recipe.

Inclusive trade

2/\$6
South Of France
Bar Soap
 6 oz., selected varieties



11.49
Naturtint
Hair Color
 5.75 fl. oz., selected varieties



6.29
Nubian Heritage
Deodorant
 2.25 oz., selected varieties



14.99
Derma E
Vitamin C
Concentrated
Serum
 2 fl. oz.

2/\$5
Booda Butter
Original Lip Balm
 .15 oz.



2/\$4
Green Forest
Bath Tissue
 4 pk., selected varieties



8.99
Now
Lavender Oil
 1 fl. oz.



17.49
Natural Factors
Tranquil Sleep
 60 ct.



a multitalented essential

KAL High Absorption Magnesium Glycinate is gentle on the stomach and suitable for vegan diets. Our fully chelated magnesium supports everything from relaxation and proper enzymatic function to healthy bones and muscles.

15.49

Kal
Magnesium Glycinate 350
 160 ct.



5.99
Tom's Of Maine
Toothpaste
 4-5.5 oz., selected varieties

The co-op will help you start the year off right.

Some items may not be available at all stores or on the same days

Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

BriarPatch Food Co-op

Chico Natural Foods Cooperative

Co-opportunity Market

Davis Food Co-op

Feather River Food Co-op

Isla Vista Food Co-op

North Coast Co-op

Ocean Beach People's Organic Food Co-op

Sacramento Natural Foods Co-op

SLO Food Co-op

Ukiah Natural Foods Co-op

IDAHO

Boise Co-op

Moscow Food Co-op

MONTANA

Community Food Co-op

OREGON

Alberta Cooperative Grocery

Ashland Food Co-op

Astoria Co+op

First Alternative Co-op

Food Front Cooperative Groc

Medford Food Co-op

People's Food Co-op

WASHINGTON

Central Co-op

Community Food Co-op

Main Market Co-op

Olympia Food Co-op

Orcas Food Co-op

Skagit Valley Food Co-op

Sno-Isle Natural Foods Co-op

The Food Co-op



to find a food co-op near you, visit us online at: grocery.coop

share the love with Chocolove



At the foothills of the Rocky Mountains, Chocolove produces premium Belgian chocolate that delivers on quality, taste and variety. Help make family moments and holidays sweeter with Chocolove.

2/\$5

Chocolove Chocolate Bars
2.9-3.2 oz., selected varieties



2/\$7
Mary's Gone Crackers
Organic Crackers
5-6.5 oz., selected varieties



2/\$6
Q Mixers Drinks
4 pk.-7.5 fl. oz. cans, selected varieties

Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.



Co-ops are committed to fostering inclusive communities, promoting brands that are women-, BIPOC-, LGBTQ- and veteran-owned.

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