



## Co-opportunity Market Product Standards

Co-opportunity Market holds high standards for the products sold in our stores. We are committed to supplying our community with the healthiest and freshest foods available on the market. Below is an overview of the standards across all departments along with any additional departmental guidelines that must be met in order to sell at the Co-op. A full list of unacceptable ingredients is also listed.

### **The Co-op will not sell:**

1. Foods that contain artificial preservatives, sweeteners, flavorings, colors, hydrogenated oils or high fructose corn syrup.
2. Any products that contain artificial flavorings or colorings
3. Any products from animals, including milk and milk by-products, meat and eggs, that have been treated with recombinant Bovine Growth Hormone (rBGH) or any other growth hormones.
4. Products from manufacturers or corporations who engage in unnatural processes, such as, forced molting, caged chickens or confined feed lots.
5. Body care products whose ingredients have been used in laboratory animal testing.
6. Any new non-organic food or product that may contain genetically engineered ingredients, especially those containing high risk crops (alfalfa, canola, corn, cotton, soy and sugar beets) unless they are Non-GMO verified or the vendor can provide a detailed description of their avoidance measures (meat, eggs, dairy, beer, wine and body-care products are excluded from this policy at this time).

### **Produce**

All produce must be certified organic.

### **Grocery**

See above guidelines.

### **Meat and Seafood**

All Seafood must meet the Sustainable Fishery Advocates FishWise standards and cannot be red listed. Poultry must be cage-free and chicken, air-chilled. Meat must be traceable. Organic and small family farms are preferred.

### **Wellness**

See above guidelines.

### **Beer Wine and Cheese**

Organic, farmstead and artisan cheeses preferred.

### **Deli**

All produce, grains, beans and eggs must be certified organic. Organic, local and seasonal products are preferred when available.

## Unacceptable Ingredients

Acesulfame-K (Acesulfame-Potassium)  
 Acetylated Esters of Mono- And Diglycerides  
 Advantame  
 Aerosol Sprays with Chlorofluorocarbon  
 Ammonium Chloride  
 Ammonium Lauryl Sulfate  
 Amodimethicone\*  
 Artificial Colors (Red #3, Red # 40, Yellow #5, Yellow #6, Blue #1, Blue #2, Green #3)  
 Artificial Flavors  
 Aspartame  
 Astaxanthin (Artificial)1  
 Azodicarbonamide  
 Behentrimonium Methosulfate\*  
 Benzoates  
 Benzoyl Peroxide  
 BHA (Butylated Hydroxyanisole)  
 BHT (Butylated Hydroxytoluene)  
 Bleached Flour  
 Bromated Flour  
 Brominated Vegetable Oil (BVO)  
 BST (Bovine Somatotropin)  
 Butane Glycol  
 Butylene Glycol  
 Calcium Bromate  
 Calcium Disodium EDTA  
 Calcium Peroxide  
 Calcium Propionate  
 Calcium Saccharin  
 Calcium Sorbate  
 Calcium Stearoyl-2-Lactylate  
 Canthaxanthine  
 Caprocaprylobehenin  
 Caramel Color \*  
 Carbomer\*  
 Carmine (Cochineal)\*  
 Carrageenan \*  
 Cetareth-20  
 Cetrimonium Chloride  
 Cochineal (Carmine)  
 Coco DEA (Cocomide DEA)  
 Cocoamidopropyl Betaine  
 Cottonseed Oil  
 Cyclamates  
 Cyclopentasiloxane  
 Cysteine (L-Cysteine)  
 DATEM (Diacetyl Tartaric and Fatty Acid Esters of Mono And Diglycerides)  
 Diacetyl  
 Diazolidinyl Urea  
 Dimethicone

Dimethylpolysiloxane  
 Dioctyl Sodium Sulfosuccinate (DSS)  
 Disodium Calcium EDTA  
 Disodium Cocoamphodiacetate\*  
 Disodium Dihydrogen EDTA  
 Disodium Guanylate  
 Disodium Inosinate  
 DI-Alpha Tocopherol (Synthetic Vitamin E) EDTA  
 Equal  
 Ethoxyquin  
 Ethyl Vanillin  
 Ethylene Oxide  
 Ethylhexylglycerin\*  
 Glycereth-7 Cocoate\*  
 GMP (Disodium Guanylate)  
 Hepta-Esters of Sucrose  
 Hexa-Esters of Sucrose  
 High Fructose Corn Syrup  
 Hydrogenated Oil\*  
 IMP (Disodium Inosinate)  
 Irradiated Foods  
 Isoceteth 20  
 Isopropyl Palmitate\*  
 Lactylated Esters of Monond Diglycerides  
 Lauramide MEA  
 Lauryl DEA (Lauramide DEA)  
 Methoxycinnamate  
 Methyl Silicon  
 Methylparaben  
 Microbeads  
 Microparticulated Whey Protein  
 Monosodium Glutamate (MSG) 2  
 Natamycin+  
 Neotame  
 Nitrates/Nitrites\*  
 NutraSweet  
 Olefin Sulfonate\*  
 Olestra  
 Oleyl Betaine  
 Parabens (Methyl, Propyl, Butyl, Etc.)  
 Partially Hydrogenated Oil (Source of Trans Fats)  
 PEG-150 Distearate  
 PEG-7 Glyceryl Cocoate  
 Polydextrose  
 Polyquaternium 10\*  
 Potassium Benzoate  
 Potassium Bisulfite (See Also Potassium Metabisulfite & Sulfites)  
 Potassium Bromate

Potassium Metabisulfite (See Also Potassium Bisulfite & Sulfites)  
 Potassium Sorbate ^  
 Propionates  
 Propyl Gallate  
 Propylene Glycol  
 Propylparaben  
 RBGH (Recombinant Bovine Growth Hormone)  
 Saccharin  
 Simplese  
 Sodium Aluminum Phosphate  
 Sodium Aluminum Sulfate  
 Sodium Bisulfite  
 Sodium Cocoyl Sarcosinate  
 Sodium Diacetate  
 Sodium Glutamate  
 Sodium Hydroxymethylglycinate  
 Sodium Laureth Sulfate  
 Sodium Lauroyl Sarcosinate  
 Sodium Lauryl Carboxylate  
 Sodium Lauryl Sulfate\*  
 Sodium Lauryl Sulfoacetate\*  
 Sodium Metabisulfite  
 Sodium Myreth Sulfate\*  
 Sodium Nitrate/Nitrite  
 Sodium PCA (Na PCA) Pyrrolidone  
 Carbonic Acid\*  
 Sodium Propionate  
 Sodium Stearoyl-2-Lactylate  
 Sodium Sulfite  
 Sodium Tripolyphosphate 3  
 Solvent Extracted Oils (As Stand Alone Ingredient)\*  
 Sorbic Acid  
 Soyamidopropalkonium Chloride\*  
 Stearamidopropyl Dimethyl Amine  
 Sucralose (Splenda)  
 Sucroglycerides  
 Sucrose Polyester (Olestra)  
 Sulfites 4 (Sulfur Dioxide) (See Also Potassium Bisulfite & Potassium Metabisulfite)≈  
 Sweet-N-Low  
 Talc  
 TBHQ (Tertiary Butyl Hydroquinone)  
 Tetrasodium EDTA  
 Titanium Dioxide\*  
 Tocopherols, synthetic (Vitamin E) Triclosan  
 Vanillin

\* Acceptable ingredient in body care products  
 + Acceptable on cheese rinds and sausage casings

^ Acceptable in supplements  
 ≈ Acceptable in non-organic wine and hard cider