

coop deals

JUN 16 - JUN 29, 2021

perfect for dipping

COMPLEMENT YOUR BARBECUE

Planning a barbecue? Stop by the co-op and pick up Siete tortilla chips. They're light, crispy, grain free and a must-have for any outdoor meal.



2/\$7

Siete
Grain-free Tortilla
Chips

5 oz., selected varieties



2/\$3

C2O
Coconut Water
17.5 oz., selected
varieties



2/\$4

Alter Eco
Organic
Chocolate Bar
2.65-2.82 oz., selected
varieties



6.99

Nature's Path
Organic Cereal
23.8-32 oz., selected
varieties

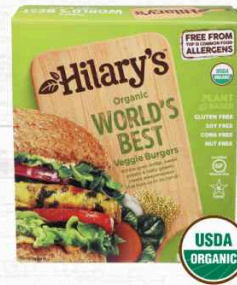


The co-op has savings for the summer days.

Step into summer.

fire up the grill

Nothing beats the taste of delicious grilled meats, hot dogs and veggie burgers. The co-op has great deals to help you stock up on all your grilling ingredients and supplies.



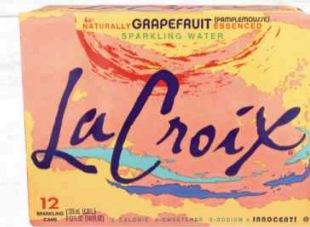
2/\$5
Hilary's Eat Well
Organic Veggie Burgers
6.4 oz., selected varieties



2/\$4
Boulder Canyon
Potato Chips
5 oz., selected varieties



4.49
Little Northern Bakehouse
Gluten-free Hamburger Buns
11.3 oz.



4.49
LaCroix
Sparkling Water
12-12 oz. cans, selected varieties



7.99
Woodstock
Lump Hardwood
Charcoal
8.8 lb., selected varieties



Great grilling options at the co-op.

Some items may not be available at all stores or on the same days

The co-op makes outdoor meals easy.

Some items may not be available at all stores or on the same days



2/\$7
The Greek Gods
Greek Yogurt
24 oz., selected varieties



3.99
Violife
Just Like Cheese
7.1-8 oz., selected
varieties



4.99
Redwood Hill Farm
Goat Milk Kefir
32 oz.



2/\$7
Wtrmln Wtr
Cold Pressed
Watermelon Juice
12 oz., selected varieties



3.49
Good Culture
Organic Cottage
Cheese
16 oz., selected varieties



3.99
Lifeaway
Organic Whole
Milk Kefir
32 oz., selected varieties



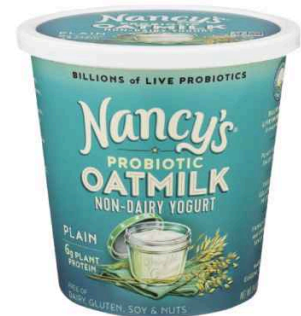
2.79
R.W. Knudsen
Simply Nutritious
Juice
32 oz., selected varieties



*Maple Hill
grass-fed milk*

Maple Hill 100% Grass-fed Organic Milk is proud to be a leader in the regenerative agriculture space, restoring the health of our soil, water, the atmosphere and our farming communities.

4.99
Maple Hill
Grass-fed Organic Milk
64 oz., selected varieties



3.49
Nancy's
Oatmilk Nondairy
Yogurt
24 oz.

Make everyday a fresh start with the co-op.



3.99

**Earth Balance
Buttery Sticks**
16 oz.



*plant-based bacon
deliciousness*

Our mission is to nourish lives by making smart food choices that support a healthy body, cultivate a curious mind and food palate, and honor and sustain the land.

2/\$6

**Sweet Earth
Benevolent Bacon**
5.5 oz.



4.49

**Organic Valley
Cheese**
8 oz., selected varieties



3.99

**Mt. Vikos
Feta Cheese**
6-7 oz., selected varieties



4.49

**Vital Farms
Pasture-raised
Eggs**
1 doz.



*taste beyond
belief*

At Beyond Meat, our products are delicious, nutritious and simple, made from plants — without GMOs or bioengineered ingredients, hormones, antibiotics or cholesterol.

6.99

**Beyond Meat
Beyond Sausage**
4 ct., selected varieties



7.99

**Chameleon Cold Brew
Organic Coffee
Concentrate**
32 oz., selected varieties

The co-op has something for everyone.



3.99

Oatly
Vegan Frozen Dessert
1 pint, selected varieties



dairy-free
enjoyMINT for all

A rich trail of chocolate cookie crumbs and gooey purple marshmallow swirled in dairy-free peppermint frozen dessert. LGBTQIA+ founded, with pride and love packed into every pint.

2/\$8

Coolhaus
Ice Cream
1 pint, selected varieties



2/\$5

Annie's
Frozen Mac & Cheese
7.5 oz., selected varieties



thoughtfully crafted
deliciousness

We believe in nourishing people and the planet. And we are proud to use our brand as a force for good.

4.99

So Delicious
Dairy-free Frozen Dessert
1 pint, selected varieties



4.99

Tucson Tamale
Frozen Tamales
10-11 oz., selected varieties



5.99

Field Roast
Plant-based Mini
Corn Dogs, Wings
or Nuggets
10 oz., selected varieties

Enjoy delicious food from the co-op together.



4.99
Food For Life
Sprouted Cereal
 16 oz., selected varieties



discover hemp

Each serving of Hemp Hearts provides 10 grams of plant protein and 12 grams of omegas 3 and 6. Add these little seeds to your favorite recipe or sprinkle on any meal!

5.99

Manitoba Harvest
Hemp Hearts
 8 oz.



2/\$7
Mom's Best
Cereals
 14-24 oz., selected varieties



2/\$7
Organic India
Tulsi Tea
 18 tea bags, selected varieties



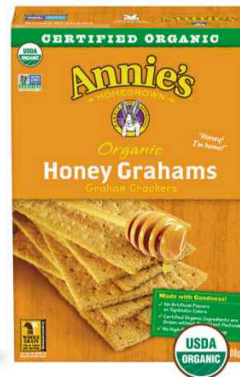
29.99
Primal Kitchen
Collagen Fuel
 13.9-14.3 oz., selected varieties

make s'more memories this summer

Everything you need for a classic campfire treat, on sale now at the co-op!



2/\$4
Endangered Species
Chocolate Bars
 3 oz.



2/\$7
Annie's
Organic Honey Grahams
 14.4 oz.



2/\$7
Dandies
Vegan Marshmallows
 10 oz., selected varieties

The co-op has options for sunrise to sunset.



2/\$5

So Delicious
Coconut Milk
32 oz., selected varieties



7.99

Maranatha
Almond Butter
12 oz., selected varieties



9.99

Spectrum Naturals
Organic Extra Virgin
Olive Oil
25.4 oz.



2/\$4

Eden
Organic Beans
15 oz., selected varieties



2.79

Crown Prince
Smoked Oysters
3 oz., selected varieties



2/\$4

Near East
Couscous Mix or
Rice Pilaf
4.7-6.75 oz., selected
varieties



3.99

Bionaturae
Organic Balsamic
Vinegar
17 oz.

Organic and delicious, **Woodstock** always believes in putting our best food forward! From savory condiments to sweet and salty pickles, Woodstock has the summer favorites that are the perfect finishing touch to grilling outdoors.

where delicious begins

2.29

Woodstock
Organic Mustard
8 oz., selected varieties

2.79

Woodstock
Organic Ketchup
20 oz.



3.99

Woodstock
Organic Pickles
24 oz., selected varieties

3.99

Woodstock
Organic Mayonnaise
16 oz.

Delicious fixings for everyone at the co-op.

good from the grain up



Sustainably grown. Thoughtfully crafted. Perfectly prepared. We've got an independent streak a rice field wide. We geek out on little things like grains, important things like organic farming and even huge things like the future of the planet.

3.49

Lundberg
BULK Wild Rice Blend
per pound in bulk

2/\$5

Lundberg
Rice Chips
6 oz., selected varieties

2/\$6

Lundberg
Organic Rice
Cakes
8.5 oz., selected varieties

5.99

Lundberg
Organic California
Rice
32 oz., selected varieties

snacks for the family



Healthy snacks for the family shouldn't be a battle. SkinnyPop and Pirate's Booty make it easy with simple, tasty ingredients that are easy to pronounce and even easier to enjoy!

2.79

SkinnyPop Popcorn or
Pirate's Booty
4-4.4 oz., selected varieties



2/\$5

Garden Of Eatin'
Tortilla Chips
5.5 oz., selected varieties

scoop up the savings in bulk!



1.79

Organic Split Red
Lentils
per pound in bulk



3.49

Organic Unroasted
Sunflower Seeds
per pound in bulk

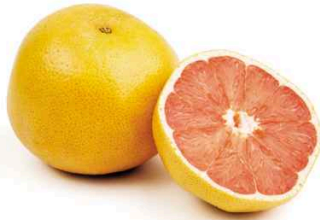


9.99

Organic Roasted &
Salted Pistachios
per pound in bulk



Your favorite snacks are at the co-op.



energy for good

With zero grams of sugar, zero calories and organic caffeine, Hiball gives you a natural energy boost so you can do you without losing a beat.

2/\$4

**Hiball Energy
Sparkling Energy Drink**
16 oz., selected varieties



2/\$4

**Epic
Meat Bars**
1.3-1.5 oz, selected
varieties



The co-op has your favorite beverages.
Quench your thirst.



*Father's Day-
approved snacks*

Dads deserve the extra-delicious, bold crunch of Kettle Brand® Sea Salt or Sea Salt & Vinegar Potato Chips. They're the perfect sides for any Father's Day barbecue.

2/\$7

**Kettle Brand
Potato Chips**
13 oz., selected varieties



2/\$3

**Santa Cruz Organic
Lemonade**
32 oz, selected varieties

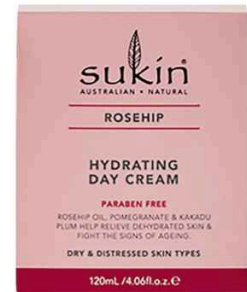
Summer savings on what you love at the co-op.



2.99
World Centric
Compostable Plates
 20 ct.



5.99
Andalou Naturals
Body Lotion
 8 oz., selected varieties



10.99
Sukin
Facial Cream
 4.06 oz., selected varieties



5.99
Quantum
Buzz Away
Extreme
 4 oz.



13.99
Avalon Organics
Intense Defense
Vitamin C Facial
Cream or Moisturizer
 2 oz.

natural deodorant that works

Schmidt's natural deodorant is never formulated with aluminum salts or artificial fragrance and is made with coconut oil and essential oils. Schmidt's keeps you fresh all day, naturally.

5.99
Schmidt's
Natural Deodorant
 3.25 oz., selected varieties

6.99
Schmidt's
Mineral Enriched
Natural Deodorant
 3.25 oz., selected varieties

2/\$7
Schmidt's
Toothpaste
 4.7 oz., selected varieties



The co-op helps you feel your best all day long.

Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

BriarPatch Food Co-op

Chico Natural Foods Cooperative

Co-opportunity Market

Davis Food Co-op

Feather River Food Co-op

Isla Vista Food Co-op

North Coast Co-op

Ocean Beach People's Organic Food Co-op

Quincy Natural Foods Co-op

Sacramento Natural Foods Co-op

SLO Natural Foods Co-op

Ukiah Natural Foods Co-op

IDAHO

Boise Co-op

Moscow Food Co-op

MONTANA

Community Food Co-op

OREGON

Alberta Cooperative Grocery

Ashland Food Co-op

Astoria Co+op

First Alternative Co-op

Food Front Cooperative Grocery

Medford Food Co-op

People's Food Co-op

WASHINGTON

Central Co-op

Community Food Co-op

Main Market Co-op

Olympia Food Co-op

Orcas Food Co-op

Skagit Valley Food Co-op

Sno-Isle Natural Foods Co-op

The Food Co-op



to find a food co-op near you, visit us online at: welcometothetable.coop



powerful clean

Our Liquid Laundry products harness the power of renewable, plant-based ingredients for a deep clean you can feel great about.

10.99

**Seventh Generation
Liquid Laundry
Detergent**
100 oz., selected varieties



2.99

**ECOS
Dishmate**
25 oz., selected varieties



Co-ops support products and services that benefit personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

PWNW062 | BGRILL

