

coop deals

DEC 16 - DEC 29, 2020

the scent of cinnamon

BAKING MADE SIMPLE

After a long year, let Immaculate Baking do the work for you in the kitchen. Simply find these products at your co-op — on sale now — and keep refrigerated until you're ready to fill your home with the scent of warm cinnamon.



2/\$7

Immaculate
Organic Cinnamon Rolls
17.5 oz.



2/\$4

Chocolove
Chocolate Bars
2.9-3.2 oz., selected
varieties



2/\$5

Blue Diamond
Nut Thins
4.25 oz., selected
varieties



2/\$6

R.W. Knudsen
Organic Sparkling
Apple
750 ml., selected
varieties



Holiday savings throughout the co-op.

Let the good times roll!



2.29
Organic Valley
Half & Half
16 oz.



6.99
Evolution Fresh
Organic Juices
59 oz., selected varieties



4.49
Udi's Gluten Free
Bread
12-16.3 oz., selected varieties



4.49
Organic Valley
Cheese
8 oz., selected varieties



2/\$7
Mt. Vikos
Organic Feta
Cheese
6 oz., selected varieties



3.99
Miyoko's
Vegan Cheese
Shreds
8 oz., selected varieties



2/\$4
Eden Foods
Organic Beans
15 oz., selected varieties



breakfast of champions

Breakfast is the most important meal for a reason. Get your day going with clean and crave-able breakfast staples with no antibiotics — ever. Cook up **Organic Valley** eggs fresh from our family farms that are committed to the highest organic standards. Then mix in **Applegate Naturals**® Sunday Bacon or No Sugar Bacon for the ultimate breakfast of champions.



3.99
Organic Valley
Large Brown
Eggs
1 dozen

4.49
Applegate Farms
Uncured Sunday
Bacon
8 oz.

4.49
Applegate Farms
No Sugar Uncured
Bacon
8 oz.



Fuel up for busy days at the co-op.

Some items may not be available at all stores or on the same days

enhance your holiday table

Bring restaurant quality home for the holidays with **S.Pellegrino** Italian Sparkling Mineral Water as the perfect accompaniment to any special meal. Or add some sparkle and flavor to your holiday with **SanPellegrino** Italian Sparkling Drinks.



2/\$3

S. Pellegrino Sparkling Water
25.3 oz., selected varieties



4.99

SanPellegrino Fruit Beverage
6 pack, selected varieties



4.99

SanPellegrino Momenti
6 pack, selected varieties



Stock up on sparkling beverages at the co-op.

Tasty mocktails for the New Year.

always organic, never ordinary



Crisp, bright and wholesome — these veggies make a flavorful addition to any meal.

2/\$4

Cascadian Farm Organic Frozen Vegetables
10 oz., selected varieties



3.99

Talenti Gelato or Sorbetto
1 Pint, selected varieties

Try any of these great options from the co-op.



16.99
 Frontier
 Organic Vanilla
 Extract
 4 oz.



3.99
 Earth Balance
 Buttery Spread
 13-16 oz., selected varieties



7.99
 Woodstock
 Organic Peanut Butter
 35 oz., selected varieties



5.49
 Madhava
 Organic Agave
 Nectar
 23.5 oz., selected
 varieties



7.99
 Bob's Red Mill
 Super-fine
 Almond Flour
 16 oz.



5.99
 Rishi
 Organic Tea
 15 tea bags, selected
 varieties

*changing the
 chocolate industry*

Equal Exchange is committed to sourcing ingredients from small farmer co-ops through which members control their business and livelihood. Our exclusively cooperative fair trade cacao sourcing offers an ethical alternative to the standard chocolate business model that relies on poor wages and child labor. With your support we can make the world just a little bit sweeter!



2/\$5
 Equal Exchange
 Organic Chocolate
 Bars
 2.8 oz., selected varieties



2/\$6
 Equal Exchange
 Organic Teas
 20 tea bags, selected varieties



4.49
 Equal Exchange
 Organic Chocolate
 Chips
 10 oz., selected varieties

6.99
 Equal Exchange
 Organic Coffees
 10-12 oz., selected varieties

Let the co-op help you bake your favorite desserts!

Some items may not be available at all stores or on the same days



2.99

Q Drink Tonic Water
4 pack



2/\$7

Made Good Organic Granola Bars
6-0.85 oz. bars, selected varieties



5.99

Field Day Organic Apple Juice
64 oz., selected varieties



5/\$2

Stretch Island Fruit Leather
.5 oz., selected varieties



2/\$7

Mom's Best Cereal
15-24 oz., selected varieties



proof is in the plants

Vega believes a plant-based diet is the secret to sustaining your performance, health and the planet. Vega's all-in-one shake mix provides an excellent source of vitamins A and C to help support your immune system.

2/\$7

Vega Organic One Protein Shake

1.4 oz. packets, selected varieties



4.49

Purely Elizabeth Organic Granola
12 oz., selected varieties



scoop up the savings in bulk!

1.29

Organic Yellow Popcorn
per pound in bulk



5.49

Organic Mission Figs
per pound in bulk



9.99

Organic Roasted & Salted Pistachios
per pound in bulk



Try something new from the co-op!



GoMacro. Bigger than a bar.

GoMacro MacroBars are made from simple, high-quality ingredients that are all certified organic, gluten free, vegan, kosher, non-GMO, C.I.E.A.N., R.A.W. and soy free.

2/\$4

GoMacro Organic Macrobar
2.3 oz., selected varieties



2/\$5

From The Ground Up Cauliflower Crackers
4 oz., selected varieties



2/\$5

Que Pasa Organic Tortilla Chips
11 oz., selected varieties



2/\$5

Frontera Salsa
16 oz., selected varieties



2.99

Terra Vegetable Chips
4.2-6 oz., selected varieties

classic snacks reimagined



Quinn is on a mission to reimagine classic snacks using a super simple method: use only real ingredients, show exactly where they came from with farm-to-bag transparency, and, above all, make sure they're crazy delicious.

2/\$6

Quinn Pretzel Snacks
7 oz., selected varieties

2/\$7

Quinn Pretzel Nuggets
5-7 oz., selected varieties

Your favorite snacks are on sale at the co-op.



5.99
NOW
Essential Oils
 1 oz.

stay healthy with SmartyPants



SmartyPants is on a mission to simplify health for the real world. Premium ingredients, all-in-one simplicity and value — that's also easy and joyful to take, day after day.

17.99
SmartyPants
Kids Complete
Multivitamin or Healthy
Immunity
 120 or 28 ct., selected varieties



2/\$6
Nubian Heritage
Bar Soap
 5 oz., selected varieties



5.99
Herban Cowboy
Deodorant
 2.8 oz., selected varieties



31.99
New Chapter
Zyflamend Whole
Body
 60 ct.



fall asleep, stay asleep

This clinically proven formula aids in falling asleep, staying asleep and waking up refreshed! Featuring naturally derived melatonin to prompt circadian rhythms, 5-HTP for serotonin, and Suntheanine® to clear a “busy brain.”

19.99
Natural Factors
Tranquil Sleep
 60 ct.



9.99
Biokleen
Liquid Laundry
Detergent
 64 oz., selected varieties



Replenish with wellness deals at the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

BriarPatch Food Co-op

Chico Natural Foods Cooperative

Co-opportunity Market

Davis Food Co-op

Feather River Food Co-op

Isla Vista Food Co-op

North Coast Co-op

Ocean Beach People's Organic Food Co-op

Quincy Natural Foods Co-op

Sacramento Natural Foods Co-op

SLO Natural Foods Co-op

Ukiah Natural Foods Co-op

IDAHO

Boise Co-op

Moscow Food Co-op

MONTANA

Community Food Co-op

OREGON

Alberta Cooperative Grocery

Ashland Food Co-op

Astoria Co+op

First Alternative Co-op

Food Front Cooperative Grocery

Medford Food Co-op

People's Food Co-op

WASHINGTON

Central Co-op

Community Food Co-op

Main Market Co-op

Olympia Food Co-op

Orcas Food Co-op

Skagit Valley Food Co-op

Sno-Isle Natural Foods Co-op

The Food Co-op



to find a food co-op near you, visit us online at: welcometothetable.coop



sun kissed in the Mediterranean

Bring the Mediterranean to your table with Mediterranean organic olives! Organically grown in Greece and full of flavor. Perfect for a delicious light snack or to complement your favorite dish.

2/\$6

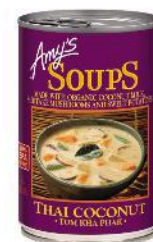
Mediterranean Organic Olives

4.8-5 oz., selected varieties



10/\$10

Koyo Ramen
2-2.1 oz., selected varieties



2/\$6

Amy's Soup
14-14.7 oz., selected varieties

Co-ops support products and services that benefit personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

PWNW1220B

