

coop deals

DEC 2 - DEC 15, 2020

just add
chocolate

WINTER TREATS FOR EVERYONE

Fill your home with the aromatic scent of your favorite brownie recipe with a little extra chocolate drizzled on top. Endangered Species fair trade chocolate makes the perfect sweet treat for the holiday season.



2/\$5

Endangered Species
Chocolate Bars
3 oz., selected varieties



3.99

Wholesome
Organic Brown
Sugar
24 oz., selected varieties



3.99

Crofter's
Organic Premium
Fruit Spread
16.5 oz., selected
varieties



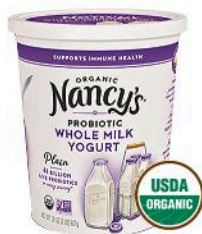
7.99

Dr. Bronner's
Organic Whole
Kernel Virgin
Coconut Oil
14 oz., selected varieties



Celebrate the season with baked goods!

Holiday Baking at the Co-op.



3.99
Nancy's
Organic Yogurt
32 oz., selected varieties



6.99
Uncle Matt's
Organic Juice
52 oz., selected varieties



9.99
Organic Valley
String Cheese
18 oz.



5/\$5
Noosa
Yoghurt
4.5 oz., selected varieties



4.99
Maple Hill
Creamery
100% Grass Fed
Organic Kefir
32 oz., selected varieties



2/\$7
The Greek
Gods
Greek Yogurt
24 oz., selected
varieties



4/\$5
Honest
Organic Tea
16 oz., selected varieties



2/\$6
R.W. Knudsen
Organic Juice
32 oz., selected varieties



4.99
Feel Good Foods
Egg Rolls
7-10 oz., selected
varieties

time for holiday mocktails

GARNISHES WITH A BOOST

This season, shop the co-op for your favorite fruity beverages and create mocktails at home. Citrus, pomegranate and peach flavors taste great in a mocktail. Don't forget to add garnishes for an extra boost. Herbs, spices, fruit, ginger and chia seeds are just a few healthy options. Enjoy!



4.49
Izze
Sparkling Juice
Beverage
4 pack, selected varieties

Brighten your mornings with deals from the co-op!



10/\$10

Annie's Homegrown Mac & Cheese 5.25-6 oz., selected varieties



10/\$10

Muir Glen Organic Tomatoes 14.5 oz., selected varieties



2/\$3

Justin's Organic Nut Butter Cups 1.4 oz., selected varieties



2/\$7

Pacific Organic Soup 32 oz., selected varieties



5.99

Rao's Homemade Pasta Sauce 24 oz., selected varieties



2/\$7

Annie's Homegrown Organic Honey Grahams 14.4 oz., selected varieties



2/\$7

Mary's Gone Crackers Organic Crackers 5-6.5 oz., selected varieties



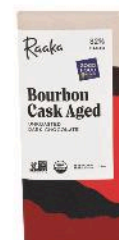
4.49

Garden of Eatin' Tortilla Chips 16 oz., selected varieties



2/\$5

Lundberg Family Farms Rice Chips 6 oz., selected varieties



2/\$7

Raaka Chocolate Bars 1.8 oz.



scoop up the savings in bulk!

1.19

Organic Rolled Oats per pound in bulk



2.79

Organic Thompson Raisins per pound in bulk



8.99

Organic Walnut Halves & Pieces per pound in bulk



Find your favorite bulk products at the co-op.

delicious holiday baking

The co-op has everything you need for the busy holiday baking season. Stock up now on all the ingredients for your favorite recipes.



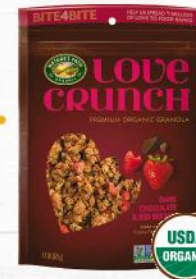
4.49

King Arthur All-Purpose Flour
5 lbs.



5.99

Once Again Organic Sunflower Butter
16 oz., selected varieties



3.49

Nature's Path Organic Love Crunch
11.5 oz., selected varieties



2.49

Nancy's Organic Cultured Cream Cheese
8 oz.



2/\$5

Divine Chocolate Bars
3-3.5 oz., selected varieties

The co-op has baking ingredients for everyone!

Some items may not be available at all stores or on the same days

Warm your home with help from the co-op.

Some items may not be available at all stores or on the same days

*empowering
your wellness*

As trusted leaders in natural wellness, **Nutranext** understands that each person's body has unique needs. That's why we use quality ingredients, backed by science, in all our brands — to build a stronger foundation for everyone's health, so they can reach new heights.



13.99

Neocell
Super Collagen Powder
7 oz.



14.99

Rainbow Light
Women's One
Multivitamin
60 capsules



16.99

Natural Vitality
Natural Calm
Raspberry Lemon
8 oz.



24.99

Renew Life Ultimate
Flora Probiotic
30 capsules



5.99

Spectrum
Essentials
Organic Flaxseed
14 oz.



fuel for every goal

Repair and refuel muscles with 30 grams of Sport Organic Plant-based Protein — a complete protein — made from a blend of certified-organic pea proteins for a delicious, smooth and creamy texture.

44.99

Garden Of Life
Organic Plant-based
Protein

23-29.6 oz., selected varieties



11.99

Sovereign Silver
Bio-Active Silver Hydrosol
2 oz., selected varieties

Healthy options for everyone at the co-op.



13.99

Weleda Skin Food
2.5 oz.



2/\$5
Dr. Bronner's Pure Castile Bar Soap
5 oz., selected varieties



2/\$7
Jason Toothpaste
4.2-6 oz., selected varieties



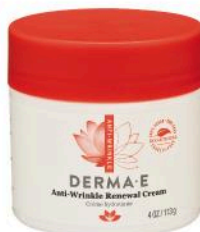
1.79
Green Forest Bath Tissue
4 pack



6.99
Avalon Organics Shampoo or Conditioner
11 oz., selected varieties



8.99
Aura Cacia Essential Oil
.5 oz.



9.99
Derma E Anti-Wrinkle Renewal Cream
4 oz.



10.99
Seventh Generation Liquid Laundry Detergent
100 oz., selected varieties



3/\$10
Andalou Naturals Lift Firm Age Defying and Instant Soothing Masks
1 packet



2/\$10
Mineral Fusion Nail Polish Top Coat and Remover
.33 oz.-6 oz.



10.99
Sukin Hydrating Rose Cream
4.06 oz.



holiday at-home essentials

Our goal is to make natural beauty the only choice for people wanting to live a healthy, balanced life, free from unnecessary toxins. Stock up on **Andalou**, **Mineral Fusion** and **Sukin** products for the perfect holiday at home!

Sparkle and shine with products from the co-op.

Shop for fresh, delicious, local food at a co-op near you.

ALASKA

Co-op Market Grocery & Deli

ARIZONA

Food Conspiracy Co-op

CALIFORNIA

BriarPatch Food Co-op

Chico Natural Foods Cooperative

Co-opportunity Market

Davis Food Co-op

Feather River Food Co-op

Isla Vista Food Co-op

North Coast Co-op

Ocean Beach People's Organic Food Co-op

Quincy Natural Foods Co-op

Sacramento Natural Foods Co-op

SLO Natural Foods Co-op

Ukiah Natural Foods Co-op

IDAHO

Boise Co-op

Moscow Food Co-op

MONTANA

Community Food Co-op

OREGON

Alberta Cooperative Grocery

Ashland Food Co-op

Astoria Co+op

First Alternative Co-op

Food Front Cooperative Grocery

Medford Food Co-op

People's Food Co-op

WASHINGTON

Central Co-op

Community Food Co-op

Main Market Co-op

Olympia Food Co-op

Orcas Food Co-op

Skagit Valley Food Co-op

Sno-Isle Natural Foods Co-op

The Food Co-op



to find a food co-op near you, visit us online at: welcometothetable.coop



2/\$6
Cascadian Farm Organic Cereal
8.6-14.6 oz., selected varieties



2/\$6
Cascadian Farm Organic Granola Bars
6.2-7.4 oz., selected varieties



4/\$5
Larabar Protein Bar
1.84 oz., selected varieties



3.99
Blue Diamond Crafted Gourmet Almonds
5 oz., selected varieties

Co-ops support products and services that benefit personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

