

<b>EQUAL EXCHANGE COFFEES (ORGANIC)</b>	
MIDNIGHT SUN	1046
BREAKFAST BLEND (DARK)	1047
MIND, BODY AND SOUL	1049
LOVE BUZZ	1050
<b>IF CUSTOMERS DON'T KNOW WHICH COFFEE</b>	<b>1050</b>
ETHIOPIAN	1052
BREAKFAST BLEND	1053
GUATEMALAN	1054
MEXICAN	1055
FRENCH ROAST	1056
SALVADORAN	1057
DECAF BREAKFAST BLEND (ORG.)	1058
DECAF FRENCH ROAST (ORG.)	1059
<b>CAFÉ ALTURA</b>	
BIODYNAMIC	1060
BIODYNAMIC FRENCH ROAST	1061
BREAKFAST BLEND	1062
CAFÉ FEMININO FAIR TRADE	1063
CAFÉ FEMININO FRENCH ROAST FAIR TRADE	1064
CLASSIC ROAST FAIR TRADE	1065
COLOMBIAN	1066
COLOMBIAN DARK	1067
DARK BLEND FAIR TRADE	1068
DARK DECAF	1069
DARK ROAST	1070
ESPRESSO	1071
ESPRESSO DECAF	1072
ESPRESSO ITALIANO	1073
ETHIOPIAN FAIR TRADE	1074
FRENCH DECAF	1075
FRENCH ROAST	1076
SUMATRAN DARK DECAF	1077
GUATEMALAN	1078
GUATEMALAN FRENCH ROAST	1079
HALF THE CAFF	1080
HOUSE BLEND	1081
KONA BLEND	1082
MOKHA JAVA	1083
NEW ORLEANS BLEND	1084
NICARAGUAN DARK FAIR TRADE	1085
NICARAGUAN FAIR TRADE	1086
PERUVIAN FAIR TRADE	1087

PERUVIAN DARK FAIR TRADE	1088
REGULAR DECAF	1089
SAN FRANCISCO BLEND	1090
SUMATRAN FAIR TRADE	1091
SUMATRAN DARK FAIR TRADE	1092
TURKISH BLEND	1093
ETHIOPIAN DARK ORG	1097
<b>CITY BEAN COFFEE</b>	
BLUE BOTTLE BLEND	1249
BURUNDI ESTATE	1255
NATURE'S BLEND ORGANIC	1260
<b>JAGUAR COFFEE</b>	
OAXACA DARK ROAST ORGANIC	1251
OAXACA MEDIUM ROAST ORGANIC	1252
<b>BULK LIQUIDS / NUT BUTTERS</b>	
RAW CASHEW BUTTER	1183
MAPLE SYRUP (GRADE B)	1185
PEANUT BUTTER STOCK (ROASTED/UNSALTED)	1191
NONPAREIL ALMONDS (RAW)	1192
<b>BEANS/LENTILS</b>	
ADZUKI BEANS	226
BLACK TURTLE BEANS	227
GARBANZO BEANS	228
GREEN SPLIT PEAS	229
YELLOW SPLIT PEAS	230
KIDNEY BEANS	231
GREEN LENTILS	232
PINTO BEANS	233
CANNELINI BEANS	234
FAVA BEANS	297
MUNG BEANS	345
SOY BEANS	385
RED LENTILS	392
BLACK EYE PEAS	394
LIMA BEANS	395
NAVY BEANS	396
GREAT NORTHERN BEANS	416
FRENCH GREEN LENTILS	774
MUNG DAHL BEANS	780
CHILI COLORADO BLEND	1901

<b>RICES/PASTA</b>	
LONG GRAIN BROWN RICE	169
BROWN BASMATI/JASMINE	171
WHITE BASMATI RICE	172
SHORT GRAIN BROWN RICE	173
SWEET BROWN RICE	246
SUSHI RICE	362
WILD RICE	363
BLACK JAPONICA RICE	398
WHOLE WHEAT ELBOWS	415
HARVEST/CALYPSO PILAF	423
BROWN AND WILD RICE	757
WHITE LONG GRAIN RICE	800
SOO FOO ORG. BROWN RICE LENTIL BL.	954
ARBORIO RICE	958
WHITE JASMINE RICE	984
WHITE & WILD RICE	989
PURPLE JASMINE RICE	1029
FORBIDDEN RICE (ORG.)	1031
HEIRLOOM MADAGASCAR PINK RICE	1032
JADE PEARL (ORG.)	1034
BROWN JASMINE RICE (ORG.)	1035
VOLCANO RICE (ORG.)	1036
BROWN RICE SPIRALS	1172
BROWN RICE PENNE (ORG.)	1173
<b>GRAINS</b>	
BLACK QUINOA	78
RED QUINOA	83
BARLEY (PEARLED)	164
WHEAT BRAN	165
BUCKWHEAT (TOASTED)	167
MILLET	168
BUCKWHEAT (RAW)	174
WHITE QUINOA	175
WHEAT BERRIES (HARD)	176
WHEAT BERRIES (SOFT)	177
KAMUT	181
BARLEY (HULLED)	221
SEA SALT	242
WHOLE WHEAT COUS COUS	354
AMARANTH	358
COUS COUS	359

POLENTA/CORNMEAL	430
RAINBOW QUINOA	451
PINK HIMALAYAN SALT	648
WHEAT GERM (RAW)	679
RYE BERRIES	758
BLUE CORNMEAL (ORG.)	799
OAT GROATS	811
CELTIC SEA SALT	913
ISRAELI COUS COUS	957
MULTICOLOR POPCORN	978
PEARLED FARRO	1038
POPCORN (YELLOW)	1176
POPCORN (WHITE)	1177
<b>BEAN &amp; SOUP MIXES</b>	
NUTRITIONAL YEAST	241
INSTANT BLACK BEAN SOUP	350
HUMMUS MIX	408
FALAFEL MIX	455
PSYLLIUM HUSKS	591
CURRY LENTIL SOUP	813
SPLIT PEA SOUP	814
LECITHIN	985
<b>CEREALS/FLAKES</b>	
WHEAT BRAN	165
OAT BRAN	166
ROLLED OATS (ORG.)	182
ROLLED SPELT FLAKES (ORG.)	356
QUINOA FLAKES	382
RYE FLAKES	383
BROWN RICE CEREAL	422
STEEL CUT OATS	458
PSYLLIUM HUSKS	591
QUICK OATS	773
TVP FLAKES	778
QUINOA CEREAL	782
FIVE GRAIN CEREAL	786
FOUR GRAIN CEREAL	901
SPELT BERRIES (ORG.)	920
<b>FLOURS/POWDERS</b>	
CACAO POWDER (ORG.)	75
YELLOW CORNMEAL	185

UNBLEACHED WHITE FLOUR	186
WHOLE WHEAT FLOUR	187
WHOLE WHEAT PASTRY FLOUR	188
HEMP PROTEIN POWDER (ORG.)	193
NUTRITIONAL YEAST	241
CANE SUGAR	402
RYE FLOUR	418
SPELT FLOUR	449
BROWN RICE FLOUR	460
RAW SUNDRIED CACAO POWD.	558
COCONUT FLOUR	577
MILK & EGG PROTEIN MIX	584
COCONUT SUGAR	687
LUCUMA POWDER	802
LECITHIN	985
ALMOND FLOUR	993
ALMOND MEAL FLOUR	1030
FARRO FLOUR	1037
RAW CAROB POWDER	1041
GARBANZO FLOUR	1042
BROWN FLAX SEED MEAL	1183
SACHA INCHI PROTEIN POWDER	1910
<b>DRIED FRUITS</b>	
MEDJOOOL DATES	160
COCONUT DATES	163
CRYSTALLIZED GINGER	179
MISSION FIGS	212
CALMYRNA FIGS	213
PITTED PRUNES	218
BING CHERRIES	280
DATE PIECES	390
APRICOTS(CHEWY/SWEET)	411
APRICOTS (SUNDRIED)	412
BANANAS (WHOLE)	417
BLACK BERRIES	436
STRAWBERRIES	446
GOLDEN BERRIES	469
GOLDEN RAISINS (HUNZA)	530
RAISINS (SULTANA/GOLDEN)	682
FRUIT BARS (PEACH APRICOT)	688
PEARS	737
MANGO SLICES	770
PAPAYA SPEARS	771

CRANBERRIES (ORGANIC)	783
RAISINS (THOMPSON)	784
FLAME RAISINS	788
BANANA CHIPS	791
CURRANTS	825
FUYU PERSIMMONS	827
PERSIMMONS	827
BLUEBERRIES (WILD)	828
SUNDRIED TOMATOES	829
COCONUT (SHEDDED/SLICED)	833
TROPICAL BLEND CLUSTERS (O)	861
PEACHES	904
HUNZA MULBERRIES	905
MULBERRIES	905
APPLE RINGS	945
GOJI BERRIES	946
MANGO SPEARS (W/ EVAPORATED CANE SUGAR)	949
FIG BARS (L/F WILDBERRY)	1178
FIG BARS (LOW FAT)	1179
<b>NUTS/SEEDS</b>	
ALMONDS (RAW/NONPAREIL/ORGANIC)	197
CASHEW PIECES (RAW)	198
CASHEWS (ROASTED)	199
PEANUT STOCK (ROASTED/NS)	202
PECANS	203
PISTACHIOS (W/SHELL)	204
WALNUTS	205
PUMPKIN SEEDS	206
SUNFLOWER SEEDS	208
TAMARI SUNFLOWER SEEDS	209
ALMONDS (TAMARI)	210
CASHEWS (WHOLE/RAW)	211
CASHEWS (TAMARI)	214
PINE NUTS	217
PEANUTS (VIRGINIA)	222
SESAME SEEDS (BROWN)	223
HEMP SEEDS (ORGANIC)	260
SESAME SEEDS (BLACK)	340
SESAME SEEDS (WHITE)	341
PUMPKIN SEEDS (TAMARI)	346
MACADAMIA NUTS	349
ALMONDS (MARCONA) R/S	364
HAZEL NUTS	369

ALMONDS (CALIFORNIA)	372
BRAZIL NUTS	388
DELUXE MIX (R/S)	420
SPANISH PEANUTS	429
CASHEWS (WHOLE/ROASTED)	441
FLAX SEEDS (BROWN)	531
FLAX SEEDS (GOLDEN)	532
CASHEWS (THAI CURRY)	668
ROASTED MIXED NUTS	730
RAW CACAO BEANS PEELED	810
ROSEMARY GARLIC PISTACHIOS & ALMONDS	910
SPINACH PESTO	912
ALMOND SLICES (THICK)	922
ALMONDS (BLANCHED/SLICED)	947
ALMONDS (ROASTED N/S)	973
ALMONDS (ROASTED/SALTED)	974
PISTACHIOS (LARGE N/S)	975
CASHEWS (BLACK PEPPER R/S)	976
ALMONDS (HICKORY SMOKED)	977
ALMONDS (TAMARI WASABI)	979
ALMONDS (BLANCHED/SLIVERED)	988
PISTACHIOS (NO SHELL)	992
CASHEWS (GREEN CHILE HATCH)	1043
FILBERTS (NON-ORGANIC)	1094
ALMONDS (RAW/CARMEL/ORGANIC)	1145
MACAMBO SEEDS	1199
CHIMAYO PISTACHIOS	1906
ORGANIC SPROUTED SUNFLOWER SEEDS	1907
SACHA INCHI SEEDS	1909
ORGANIC SPROUTED PECANS	1921
CASHEWS (RED CHILI LIME NEW MEXICO)	3113
<b>TRAIL MIXES/BLENDS</b>	
DELUXE TRAIL MIX	191
BERRIES & CHOC. MIX (Anti.)	256
WILD GINGER HARVEST	406
SUPREME FRUIT NUT MIX	445
WOMEN'S VITALITY MIX	640
HIGH SIERRA SUN MIX	680
ENERGY POWER MIX	685
TRIPLE CHOCO. PECAN MIX	686
MANGO GOGI FIRE	720
WASABE SAMURAI MIX	727
CRANBERRY JUBILEE	764

ZEN PARTY MIX	846
MANGO GROVE MIX	870
MEN'S ENERGY MIX	872
HIT THE TRAIL MIX	921
BLEND OF ENCHANTMENT	926
CRANBERRY HARVEST MIX	963
HIMALAYAN GO TAKE A HIKE	1155
PALEO TRAIL MIX	1919
<b>CRACKERS/COOKIES/CHIPS/PRETZELS</b>	
PRETZEL PARFAIT	352
PRETZELS (MANGO)	355
CORN SNACKS	367
JAPANESE RICE CRACKERS	381
OKRA CHIPS	432
VEGGIE CHIPS	443
MISO RICE CRACKERS	649
CHILI CRACKERS	650
GREEN BEAN CHIPS	693
FLATBREAD	733
WILD RICE STICKS	734
GARLIC SESAME STICKS	981
PEANUT BUTTER PRETZELS	1902
<b>CANDIES/GUMMIES/SNACKS</b>	
JOLLY BEANS	180
PEANUT BUTTER POWER CHEWS	251
SESAME CRUNCH CANDIES	252
PEANUT BUTTER CUPS	379
RAINBOW DROPS	419
YUMMY GUMMY MIX	421
DOUBLE DECKER CHOCOLATE CHEW	546
LICORICE CHEWS	732
DOUBLE NUTZ 'N CHOC. COCONUT CHEWS	794
PEANUT RAINBOW DROPS	803
SUNNY BEARS	819
SUNNY FRUIT SLICES	820
CACAO NIBS	848
SUNNY WORMS	875
CARAMEL PEANUT CHEWS	924
GOLDEN BRIDGE CANDY MIX	927
COCONUT MANGO POMEGRANATE CHEWS	941
LEMON GINGER DROPS	951
CHOC. BANANA CHIPS	969



PUMPKIN CRUNCH CLUSTERS	1097
GINGER CANDY ROLLS	1104
ENERGY NUGGETS CHOC. PARADISE	1146
ENERGY NUGGETS CAROB SPIRULINA	1148
ENERGY NUGGETS 100% RAW CACAO w/GOJI	1149
ENERGY NUGGETS MIXED BERRY BLAST	1150
ENERGY NUGGETS CAROB	1152
ENERGY NUGGETS CAROB SUPERGREENS	1153
CACAO CASHEW CLUSTERS	1184
CACAO WAFERS	1195
COFFEE ALMOND COCONUT CHEWS (ORG.)	1911
SUPER CREEN ENERGY CHEWS (ORG)	1914
EASTER EGGS (CHOCOLATE)	2525
<b>YOGURT COVERED CANDY</b>	
YOGURT DREAMS(CIN.RAISIN)	189
GREEK YOGURT RAISIN (ORG.)	373
YOGURT PRETZELS	671
GREEK YOGURT ALMOND	768
APRICOTS	1102
<b>CHOCOLATE COVERED NUTS/FRUIT</b>	
CHOC. PECANS	80
CHOC. PEANUTS	365
CHOC. P. BUTTER MINI CUPS (ORG.)	376
CHOC. P. BUTTER CUPS	379
CHOC. ENERGY BARS	384
CHOC. P.BUTTER MALTBALLS	729
CHOC. CRANBERRIES	748
CHOC. RAISINS	816
CHOC. ALMONDS	822
CHOC. ALMOND CLUSTERS	831
CHOC. GOLDENBERRIES	879
CHOC. CASHEW CLUSTERS	925
CHOC. MALTBALLS	932
CHOC. TOFFEE PEANUT	935
CHOC. BANANA CHIPS	969
CHOC. PECAN CARAMEL (ORG.)	3112
<b>DARK CHOCOLATE CANDY</b>	
GOJI BERRIES	77
PUMPKIN SEEDS (DK CHOC.)	161
PRETZELS	253
PINEAPPLE	377

PAPAYA	378
ALMONDS	425
PINEAPPLE (ORGANIC)	433
NONPAREILS	440
CASHEWS	452
SEMISWEET CHOC. CHIPS (ORG.)	669
ESPRESSO BEANS (ORG.)	703
BLUEBERRIES	775
VIENNESE ALMONDS	790
CINN/VANILLA ALMONDS	793
GINGER BALLS (ORGANIC)	804
APRICOTS	830
DARK CHOC. CHIPS	850
MINI MALTBALLS	865
TOFFEE ALMOND	931
PEANUT CLUSTERS	933
WALNUT CLUSTERS	936
GHOST PEPPER ALMONDS	1045
WALNUTS	1916
<b>CAROB COVERED CANDY</b>	
CAROB ALMONDS	344
CAROB MALTBALLS	353
CAROB CHIPS	427
CAROB CELEBRATION	728
CAROB ALMOND CLUSTERS	843
CAROB ALMONDS (SWEETENED)	863
CAROB PEANUT CLUSTERS	937
<b>GRANOLAS</b>	
GRAMAS DAVE/CRUNCHY GR.	403
BOB'S CINNAMON RAISIN GRANOLA	1924
<b>GOLDEN TEMPLE GRANOLAS</b>	
COCONUT ALMOND	1130
MAPLE ALMOND	1131
L/F STRAW/RASP	1132
TOFFEE ALMOND	1133
MAPLE PECAN DREAM	1134
<b>GRIZZLIES GRANOLAS</b>	
AUNT MAPLE'S CRUNCHY	1127
<b>INTERN'L HARVEST GRANOLAS</b>	

CINNAMON MAPLE NUT	1095
CRANBERRY CASHEW PECAN	1096
PISTACHIO MULBERRY	1099
BANANA WALNUT	1100
LOW SUGAR BREAKFAST GRANOLA	1106
TROPICAL G/F AND VEGAN	1107
LOW SUGAR REGULAR GRANOLA	1108
PUMPKIN ALMONDS PROTEIN GRANOLA	1110
CHERRY ALMONDS	1117
DOUBLE APRICOT	1119
TRIPLE BERRY	1120
STRAW. BANANA CURRANT	1121
CHOCOLATE COCONUT MAC.	1122
<b>LIVING INTENTIONS SUPERFOODS/CEREALS/SNACKS</b>	
MANGO GOJI FIRE SPROUTED TRAIL MIX	720
HEMP & GREENS SUPERFOOD CEREAL	795
SALAD BOOSTER: THE ORIGINAL	806
GONE NUTS SUNDRIED ALMONDS & PISTACHIOS	909
RAW PISTACHIOS AND SPROUTED ALMONDS	910
GONE NUTS SPINACH PESTO	912
CACAO CRUNCH SUPERFOOD CEREAL	1020
CHIA GINGER SUPERFOOD CEREAL	1021
WILD BERRY SPROUTED TRAIL MIX	1022
SPROUTED FLOUR	1023
PUMPKIN AND SUNFLOWER SPROUTS	1024
<b>NATURES PATH GRANOLAS</b>	
HEMP PLUS	1113
PUMPKIN FLAX PLUS	1114
POMMEGRANATE PLUS GR.	1115
FLAX + VANILLA ALMOND	1116
<b>SUNRIDGE FARMS</b>	
RASPBERRY CRUNCH	502
HIGH LIFE DELUXE MIX	684
35% FRUIT MUESLI CEREAL	1137
MAGIC MUESLI	1138
MYSTIC MANGO MUSELI (ORG.)	1160
<b>SEAWEED AND SEAWEED SNACKS</b>	
SEA CRUNCHIES W/ALMONDS	339