



"Umm... What's Cookin'?" Member recipe contest

Contest Information

What is the contest? The "*Ummm...What's Cookin'?*" member recipe contest encourages our members to come up with or share new, interesting, healthy & tasty recipes that we can make at the Co-op & have available for all shoppers. What's better than NEW recipes that have been voted on & approved by the members & shoppers?

What can I win? Not only will monthly winners get a \$100 gift card to use at the Co-op, but we'll highlight the winner with an article on our website & newsletter -*and* we'll feature the new dish in the deli with a photo of the winning member next to the dish- one day a week for a month. Each of the finalists will be awarded an honorable mention in the newsletter as well as a \$20 gift card.

Who can enter? All active Co-op member-owners.

How do I enter? Each month we'll announce the ingredient of the month thru the following: our website, email to members (with valid email addresses) & in-store signage. Owners will submit a picture of the dish completed along with complete preparation directions, including cooking or baking time and temperatures.

List each recipe with exact measurements or weights, and in the order used. A recipe without a baking or cooking step will not be accepted. Recipes submitted MUST include the eligible ingredient. Online entries are welcome.

In the case of duplicate recipes, the first entry received will be judged. By submitting your recipe, you accept all contest rules and agree that the outcome of the vote will be final. You also agree that your recipe can be used without compensation from the Co-op other than the winning prizes or honorable mentions.

The contest committee will pick the top three recipes to be voted on in the store based on the use of the ingredient & the visual presentation (photo) of the dish. We'll then have the deli prepare each dish and sample it out to owners & shoppers who will then vote for the best one through a ballot box held at the sampling table. Owners will rate each dish on a scale of 1-5.

How will owners judge the recipes?

- Taste
- Ease of preparation
- Creativity

What happens if I win? If you are one of the three finalists to be chosen, someone from the committee will contact you after the voting period is closed & let you know when the dishes will be prepared in the store for voting. You may come in and vote for your own dish. Even if you win, you can still enter the next months contest.

*The Contest Committee will disqualify previously published recipes, such as those in major cookbooks, in magazines, from food companies, on major food or recipe websites and winners in national contests, unless the recipe features changes considered significant by the committee. Submissions, including photographs will not be returned to submitters.